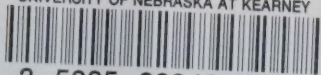


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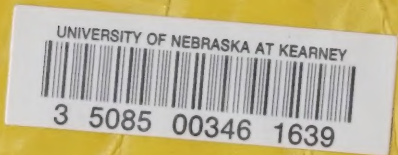
LEARNING MATERIAL COLLECTION



eat smart

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NEBRASKA SPECIAL EDUCATION KIT II

Nutrition

PRIMARY LEVEL

Ages 6-9

An innovative approach to day-by-day lesson planning
for teachers of Educable Mentally Handicapped

Issued by

**THE DEPARTMENT OF EDUCATION
STATE OF NEBRASKA**

Division of Instructional Services
LeRoy Ortgiesen, Assistant Commissioner

Summer, 1970

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"It is sweet to be appreciated by a
great number and to be understood
by a few."

Abel Bonnard

Introduction

The Nebraska Special Education Kit I (SPED Kit I), Primary Level, is an innovative approach to day-by-day lesson planning for teachers of educable mentally handicapped children. It is the expressed hope and intent of the authors that this kit be adapted and augmented to further individualize learning skills. This format might be used as a model for additional units of instruction.

SPED Kit II is an introduction to basic principles of nutrition. It is important for children to understand the necessity of eating adequate diets. The objectives presented in this kit are to help the child discover the many different kinds of food; to teach the difference between foods which our bodies need in order to grow, and those foods which are not necessary for growth but are pleasurable to eat; to begin to understand the basic food groups; and to develop the social skills associated with eating.

In order to utilize this kit most effectively, the following suggestions are offered:

- (1) SPED Kit II may be used immediately upon completion of SPED Kit I. However, it may be used at any other time of the school year. The individuality of each classroom will determine the most appropriate time to present this kit.
- (2) There are four parts to each SPED Kit:
 - (a) SPED PLANS - Twelve daily lesson plans covering Primary subject areas with coded references.
 - (b) SPEDS - Worksheets designed expressly to stimulate, reinforce, and evaluate learning. SPEDS are numbered in the order of their use. Although this simplifies locating material to be used with SPED plans, it does not limit a teacher from using it in whatever context she may wish. Hopefully the teacher's innovations and creativity may extend and enrich each SPED.

- (c) Coded Card File - Much of the actual material in the SPED Kit has been conveniently arranged on numbered cards by coded subject area to synchronize learning activities.

CODING

- H.S.S. - Health, Safety, Science
- L.A. - Language Arts
- R. - Listening Stories
- Mu. - Music
- D.Q. - Directed Quiet Activities
- M - Fundamental Mathematics
- P.E. - Physical Education
- A.C. - Arts and Creativity

- (d) Coordinated Audio-Visual Materials - SPED Kit II includes music tape and correlated transparencies. Bibliographies are included in each section. The authors of this kit hope it will be a useful tool as it is based on teacher tested materials from a number of different educational settings.

Kit 2

Lesson 1

45 Min. Roll call Birthdays Sharing time Calendar-Weather Health, safety and/or science activities Reinforcement activities	Roll Social conversation-Show and Tell Weather-Day-Health charts Helper tasks Introduce five senses Emphasize how they help us to attain happiness, health and safety. HSS-SPED-1-T Name five senses How do they help us? Emphasize sense of taste because class will study foods. Activity HSS-SPED-1-Color HSS-SPED-2 Use transparency HSS-SPED-2-T for group discussion and to check children's work
90 Min. Communication Skills and Language Development	Food tasting party L.A. 1 Writing-upper case EEE Eat, Eat I like to eat. Experience Story: <u>How Foods Taste</u> L.A. SPED 1 Basic Texts
15 Min. Recess-Rest	
30 Min. Music	Eat Smart Train Mu. 1, 1a (on tape)
15 Min. Listening and Comprehension	Read Story: <u>Henry's Pumpkin</u> R. 1 L.A. SPED 2
15 Min. Directed Quiet Activity	Play "What Am I?" Use foods only
30 Min. Fundamental Mathematics	Money buys food Money - <u>Barter</u> means of exchange Use <u>real</u> money Values up to 10¢ pennies, nickels and dimes Review: Writing and rote counting of numbers M. 1 M.-SPED 1-2

Kit 2

Lesson 1

20 Min.
Physical Education

Body Image
Hokey, Pokey

P.E. 1, a, b, c
P.E. 2, a, b, c, d
P.E. 3
P.E. 4

10 Min.
Rest

30 Min.
Arts and Creative Activity

Paper mache or clay fruits

A.C. 1, 1a

15 Min.
Recap
Clean-up

Kit 2

Lesson 2

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day-Health charts Helper tasks Name five senses Review taste Discuss how sight helps us How do we care for our eyes? Activity H.S.S.-SPED 3 Repeat procedure of Lesson 1 with H.S.S.-SPED 3 T
90 Min. L.A.	Cut magazines for pictures of food to determine colors. Writing FFF Food, Food, Food Food is good Experience story: <u>Food Has Many Colors</u> Activity: Fold newsprint (12x18) in thirds. Label each section with color words, Red, Yellow, Green Color-cut-paste pictures using L.A. SPED 3
15 Min. Recess-Rest	
30 Min. Mu.	Eat Smart Train Mu. 1,1a Add original verses
15 Min. R. L.A.	Finger Play: Good Health Clowns L.A. 2 L.A. SPED 4
15 Min. D.Q.	Game "What Do You See?" Use colors in room
30 Min. M.	Money continued M. 2 M. SPED 3,4
20 Min. P.E.	Change P.E. 5 P.E. 6

Kit 2

Lesson 2

10 Min.
Rest

30 Min.
A.C.

Paper Mache
Complete

A.C. 1.

15 Min.
Recap
Clean-up

Kit 2

Lesson 3

45 Min.
Opening
H.S.S.

Roll
Social conversation-Show and Tell
Weather-Day and Health charts
Helper tasks
Name five senses
Review taste and sight
How do things feel?
Blindfold child-child describes touch of
various objects, e.g. fur, marbles, etc.
Activity H.S.S. SPED 4
Repeat procedure of Lesson 1 with
H.S.S. SPED 4 T

90 Min.
L.A.

Sample: raw-cooked foods
apple-apple sauce
bread-toast
raw-cooked carrots
strawberry-strawberry jam
Writing AAA
An  is red
A  is yellow
A  is blue

Experience Story: Raw and Cooked Foods
L.A. SPED 5

15 Min.
Rest

30 Min.
Mu.

Mother's Knives and Forks
Mu. 2, 2a
Rhythm Instruments Mu. 11

15 Min.
R.
L.A.

Story: Perry and Penny Peanut
R. 2
Analogous Association L.A. 3
L.A. SPED 6

15 Min.
D.Q.

Guess What This is?
One child goes to chalkboard; he draws any
type of food. Other children guess what
it is.

Kit 2

Lesson 3

30 Min. M	Plan a classroom store Review M. SPED 4 M. 3 M. SPED 4,5
20 Min. P.E.	Apple, Apple, Orange P.E. 7 P.E. 8
10 Min. Rest	
30 Min. A.C.	Eraser Drawing Children use stencils or draw free hand shapes of common foods with crayons. Color a heavy line of crayon around outside edge. With the eraser end of a pencil, push this crayoned color toward the center of the shape.
15 Min. Recap Clean-up	

Kit 2

Lesson 4

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day and Health charts Helper tasks Name five senses Review taste, sight, touch How does sense of smell help us? What are good, bad and warning smells? Activity H.S.S. SPED 5 Repeat procedure of Lesson 1 with H.S.S. SPED 5 T
90 Min. L.A.	Activity Feeling discrimination Put 4-5 foods in paper sack Identify foods by feel Writing hhh - hot ccc - cold I like hot food I like cold food Experience Story: <u>Dividing Food in Groups</u> Basic text L.A. SPED 7,7a,7b
15 Min. Rest	
30 Min. Mu.	This-A-Way (on tape) Mu. 3,3a
15 Min. R. L.A.	Review Finger Play L.A. 2 <u>Good Health Clowns</u> Class Differences L.A. 4 L.A.SPED 8
15 Min. D.Q.	Auditory Discrimination D.Q. 1
30 Min. M	Problems are for solving M.4 M. SPED 6,7
20 Min. P.E.	Locomotion P.E. 9 Cat and Cheese P.E. 10

Kit 2

Lesson 4

10 Min.
Rest

30 Min.
A.C.

15 Min.
Recap
Clean-up

Tissue Paper Fruit
2 days

A.C. 2

Kit 2

Lesson 5

45 Min.
Opening
H.S.S.

Roll
Social conversation-Show and Tell
Weather-Day and Health charts
Helper tasks
Name five senses
Review taste, sight, touch and smell
Why is our sense of hearing important?
How can we take care of our ears?
Activity H.S.S. SPED 6
Repeat procedure of Lesson 1 with
H.S.S. SPED 6, T

90 Min.
L.A.

Cut pictures (magazines) to classify into
Four Basic Food Groups. May be used
for one of the following:
A. Begin scrapbook
B. Chart
C. Bulletin Board
Writing - M M M
m m m
I like meat
Meat is good
Experience story: Protein Group
Basic Text L.A. SPED 9

15 Min.
Recess - Rest

30 Min.
Mu

Review Mu. 1, 1a, 2, 3, 3a, 12, 12a

15 Min.
R.
L.A.

Poem Things I Eat R. 3
Pantomime Nursery Rhymes
Polly Put the Kettle On
Jack Sprat
Little Miss Muffet
Peter, Peter Pumpkin Eater
Peas Porridge Hot
Little Jack Horner
Old Mother Hubbard
L.A. SPED 10, 10a

15 Min. D.Q.	Guess what sound this is? One child imitates <u>any</u> sound. Others guess the sound.
30 Min. M	Measurements "Big and Little" M.5 M SPED 8,9
20 Min. P.E.	Exercises Change P.E. 11, 12, 13, 14 P.E. 6
10 Min. Rest	
30 Min. A.C.	Make Paper Bag Puppet A.C. SPED 1 A.C. SPED 2 A.C. SPED 3 A.C. SPED 4
15 Min. Recap Clean-up	

Kit 2

Lesson 6

20 Min.
P.E.

Exercises P.E. 15, 16, 17
Apple, Apple, Orange P.E. 8

10 Min.
Rest

30 Min.
A.C.

Tissue Paper Fruit
Complete A.C. 2

15 Min.
Recap
Clean-up

Kit 2

Lesson 7

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day and Health charts Helper tasks Name five senses Which senses help us with food? Where do we get our food? Some food comes from plants. Parts of plants H.S.S. SPED 9 T Request: carrot, beans, sweet potato, milk cartons, etc. for room planting next day Activity H.S.S. SPED 9, 10
90 Min.	Make name tags of Alpha-Bits on place cards L.A. 5-See A.C. 3 Writing: bbb bread ccc cereal I like bread I like cereal Experience story: Bread-Cereal Group L.A. SPED 13
15 Min. Recess-Rest	
30 Min. Mu	The Muffin Man Mu. 5,5a The Shopping Song Mu. 4,4a
15 Min. R. L.A.	Retell-How Did Jerry Reach The Apple? R. 4 Auditory Decoding L.A. 6 L.A. SPED 14
15 Min. D.Q.	What Group Am I? D.Q. 3
30 Min. M	Measurements with Ruler-yardsticks- cups and spoons M. 7 M. SPED 13, 13a

Kit 2

Lesson 7

20 Min.
P.E.

Exercises
Pass the Banana

P.E. 11,12,13,14
P.E. 18

10 Min.
Rest

30 Min.
A.C.

Cereal Mosaic

A.C. 3
A.C. SPED 5,6

15 Min.
Recap
Clean-up

Kit 2

Lesson 8

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day and Health charts Helper tasks Plant beans, etc., for room plants Some food comes from animals. Which animals give us food? Activity H.S.S. SPED 11,12
90 Min. L.A.	Fold paper in fourths-draw one dairy food in each box - label. Writing: cr, cr, cr, cream ch, ch, ch, cheese Experience Story: <u>Dairy Group</u> L.A. SPED 15
15 Min. Recess-Rest	
30 Min. Mu.	Review Mu. 1,1a,2,3,3a Farmer In The Dell Mu. 10, 10a
15 Min. R. L.A.	Read: <u>Day Dreaming Danny</u> R. 5 L.A. SPED 16, 16a
15 Min. D.Q.	Where Do I Come From? D.Q. 4
30 Min. M.	Weight Heavier and Lighter M. 8 M. SPED 14
20 Min. P.E.	Cat and Cheese P.E. 15, 16, 17 P.E. 10
10 Min. Rest	
30 Min. A.C.	Milk carton house A.C. SPED 7, 7a
15 Min. Recap Clean-up	

Kit 2

Lesson 9

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day and Health charts Helper tasks Review 4 groups of food Which foods come from plants? Which foods come from animals? Activity H.S.S. SPED 13, 14
90 Min. L.A.	Discussion-Choose one food from each group for a good breakfast. Writing: B B B Be b b b br Be good Eat a good breakfast. Experience story: <u>Breakfast</u> L.A. SPED 17
15 Min. Recess-Rest	
30 Min. Mu.	Three-A-Day (on tape) Mu. 6, 6a Review Mu. 4, 4a
15 Min. R. L.A.	Read: <u>Skimpy and Missy</u> R. 6 L.A. SPED 18
15 Min. D.Q.	Repeat: What Group Am I? D.Q. 3
30 Min. M.	Shapes: circle, square, triangle, rectangle M. 9 M. SPED. 15, 16, 17
20 Min. P.E.	Exercises P.E. 19, 20, 21, 22 Pass the Banana, P.E. 18
10 Min. Rest	

Kit 2

Lesson 9

30 Min.
A.C.

Cereal Mosaic
Complete

A.C. SPED 5,6

15 Min.
Recap
Clean-up

Kit 2

Lesson 10

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day and Health charts Helper tasks Name 4 groups of food Name foods in each group What foods does Mother prepare? What foods do children prepare? H.S.S. 15 T Health and safety in preparing foods. Demonstrate washing hands properly. Activity H.S.S. SPED 15, 16, 17
90 Min. L.A.	Discussion: Eating different forms of same foods. (apple, applesauce, apple pie) Flavoring (e.g. lemon, mint) Writing: L L L Lunch I I I lunch Eat lunch Lunch is good Tour lunch room kitchen Experience story: <u>School Lunch</u> L.A. SPED 19 Alternate activity L.A. SPED 20, 20a
15 Min. Recess-Rest	
30 Min. M.	Our Food Mu. 7, 7a The Old Brass Wagon Mu. 13, 13a
15 Min. R. L.A.	Finger Play - Review Good Health Clown L.A. 2 Finger Play Johnny Jingle L.A. 7 L.A. SPED 21
15 Min. D.Q.	Pantomime: Preparing Foods and Food activities
30 Min. M.	Foods M. 10 M. SPED 18, 19, 20

Kit 2

Lesson 10

20 Min.
P.E.

P.E. 19, 20, 21, 22
Monkey and the Peanut P.E. 23

10 Min.
Rest

30 Min.
A.C.

Cut apart puzzle
Cut, paste, color

A.C. SPED 8

15 Min.
Recap
Clean-up

Kit 2

Lesson 11

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day and Health charts Helper tasks Review and name five senses Name 4 food groups Name plant foods Name animal foods What are safety rules with food? What are health rules with food? Activities H.S.S. SPED 18, 19, 20
90 Min. L.A.	Discussion-Foods for Special Occasions <u>and Holidays</u> or Make class chart of <u>New Foods Eaten</u> Writing: I I I t t t eat I like to eat Experience story: <u>Special Foods</u> L.A. SPED 22, 22a
15 Min. Recess-Rest	
30 Min. Mu.	Special Day (on tape) Mu. 8, 8a Popcorn Mu. 14, 14a
15 Min. R. L.A.	Choral Reading <u>Popcorn</u> L.A. 8 L.A. SPED 23, 23a
15 Min. D.Q.	Play "Hot and Cold" D.Q. 5
30 Min. M.	Menu M. 11 M. SPED 21, 21a
20 Min. P.E.	Exercises P.E. 24, 25 What Can You Do? P.E. 26
10 Min. Rest	

Kit 2

Lesson 11

30 Min.
A.C.

Spoon People

A.C. 4

15 Min.
Recap
Clean-up

Kit 2

Lesson 12

45 Min. Opening H.S.S.	Roll Social conversation-Show and Tell Weather-Day and Health charts Helper tasks Repeat any SPED sheets desirable for individual help Activity H.S.S.SPED 21,22,22a 23 Use transparency for group discussion H.S.S. 23 T
90 Min. L.A.	Set table - use real objects Writing: W W W Work w w w work I can help I can work I can set the Experience story: <u>Social Skills of Eating</u> L.A. SPED 24,24a
15 Min. Recess-Rest	
30 Min. M	Setting the table (on tape) Mu. 9, 9a Review Mu. 6, 6a
15 Min. R. L.A.	Review all poems and finger plays L.A. Extras
15 Min. D.Q.	Play "Huckle, Buckle, Beanstalk" D.Q. 6
30 Min. M.	Continue "Menu" M. 12 M. SPED 21,22,23, 24,25
20 Min. P.E.	P.E. 24,25 Monkey and the Peanut P.E. 23

Kit 2

Lesson 12

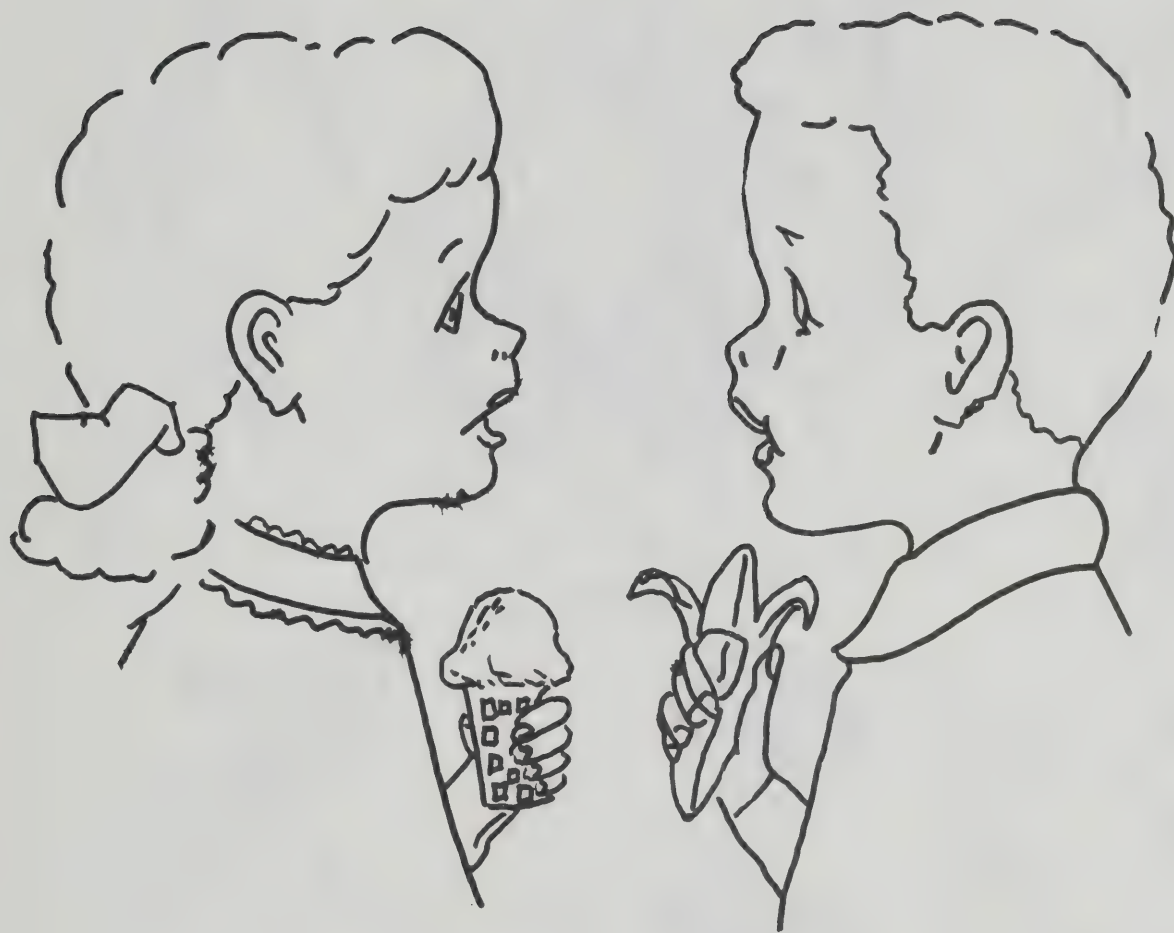
10 Min.
Rest

30 Min.
A.C.

15 Min.
Recap
Clean-up

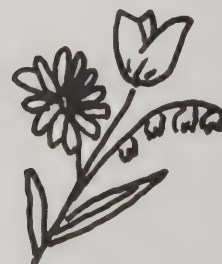
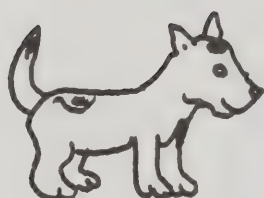
Food Mobiles

A.C. 5

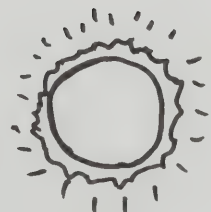
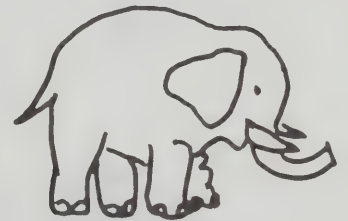
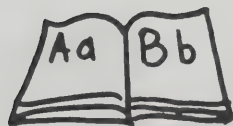
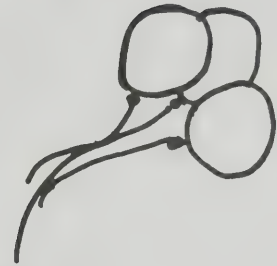


Happiness, Health and Safety
with your senses

Circle what you can taste.



28 Circle what you can see.



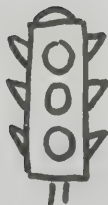
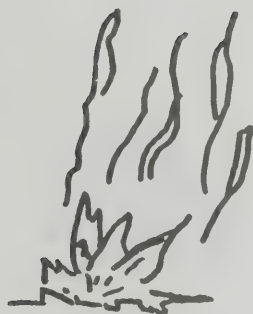
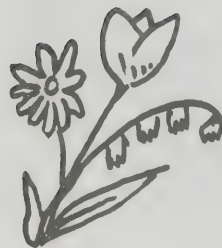
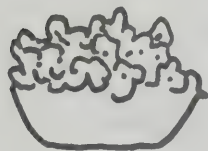
Circle what you can feel.

HSS-SPED-4

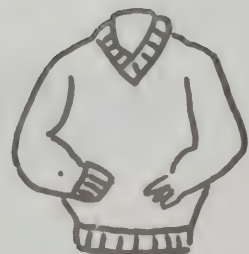
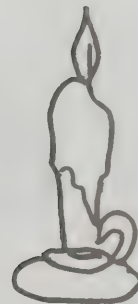
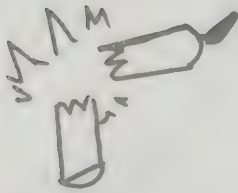
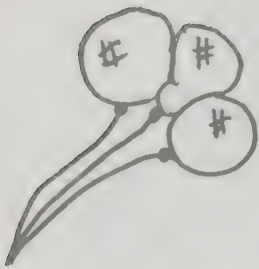
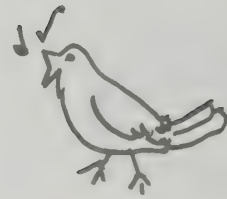
29



30 Circle what you can smell. HSS-SPED-5

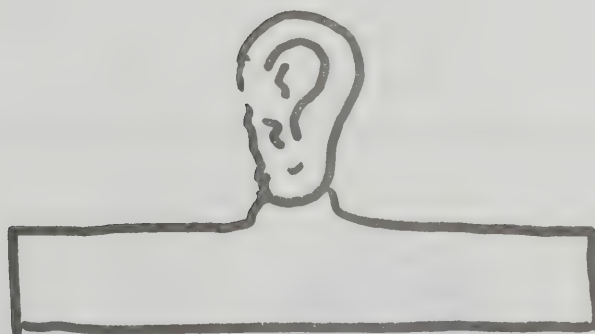
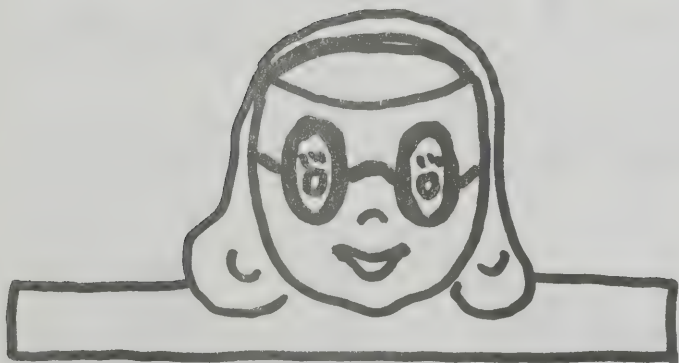
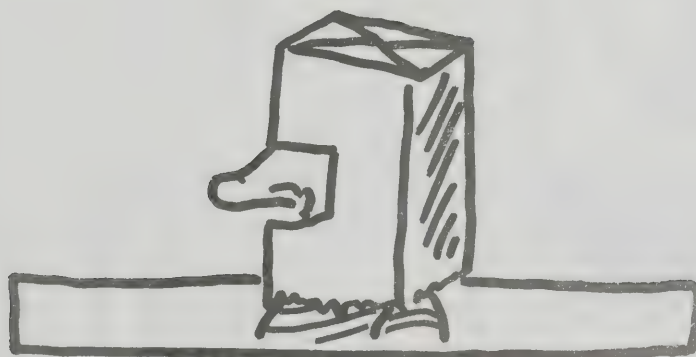
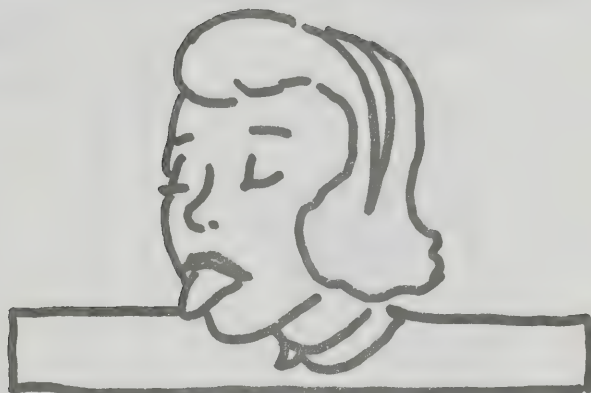
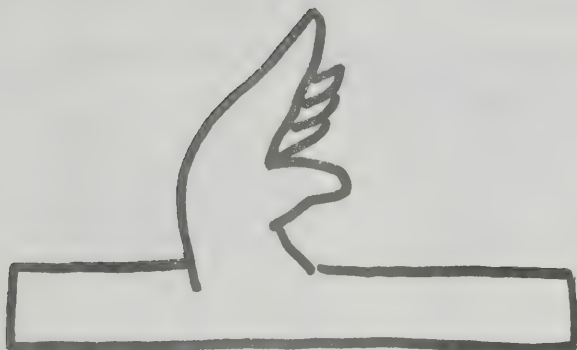


Circle what you can hear.

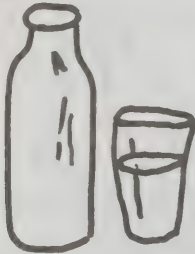
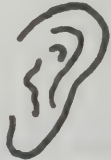
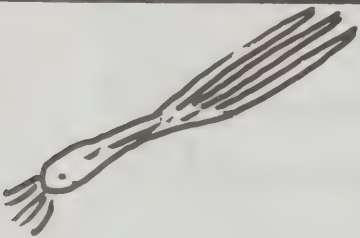
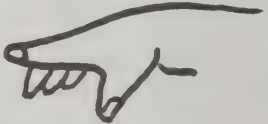
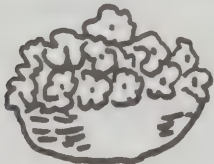
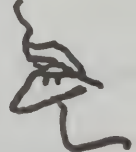


Five Senses Finger Puppets.

HSS-SPED-7



Our senses help us.

Food	How does it.		You know by...
	look ?	(match)	
	feel ?		
	smell ?		
	taste ?		
	sound ?		

Plants have parts.

We eat some parts.

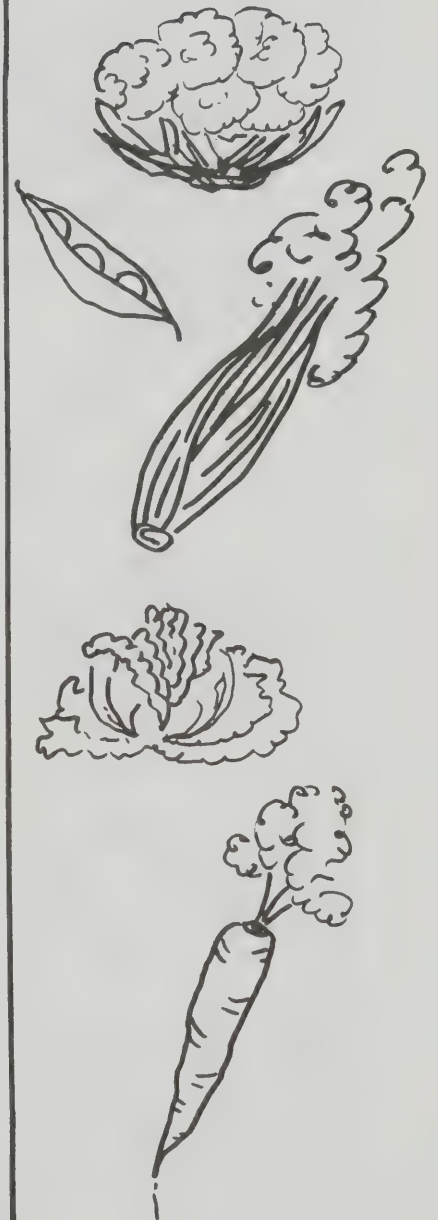
flower

seed

stem

leaf

root

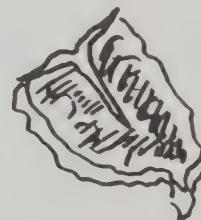
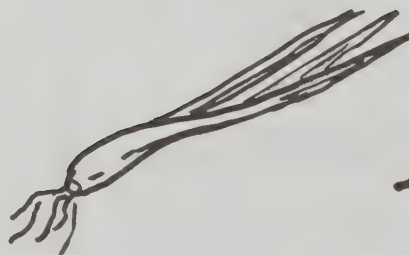
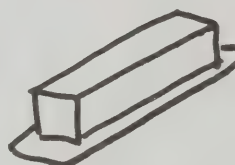
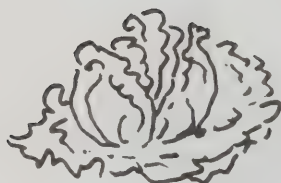
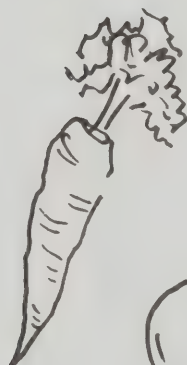
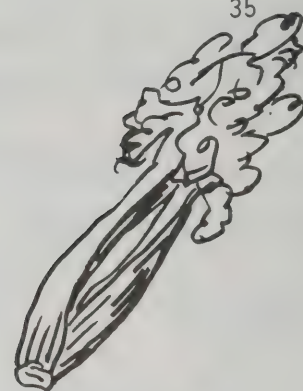


Can you name some more?

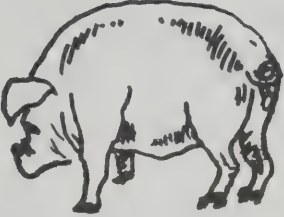
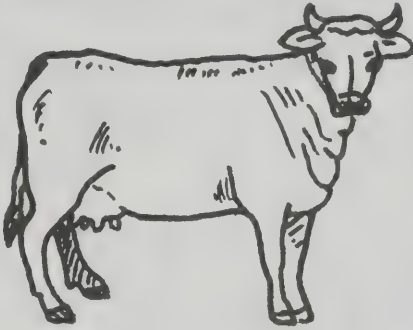
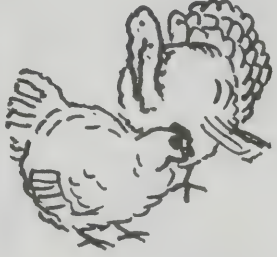
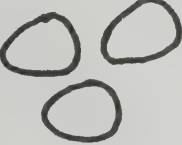
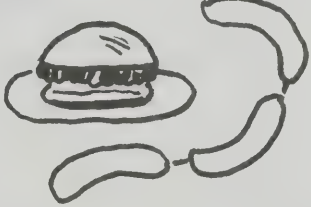
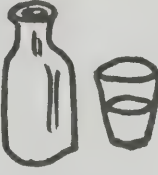
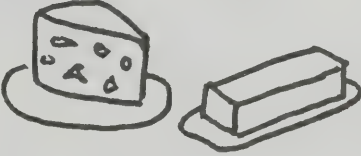
Circle food from plants.

HSS-SPED-10

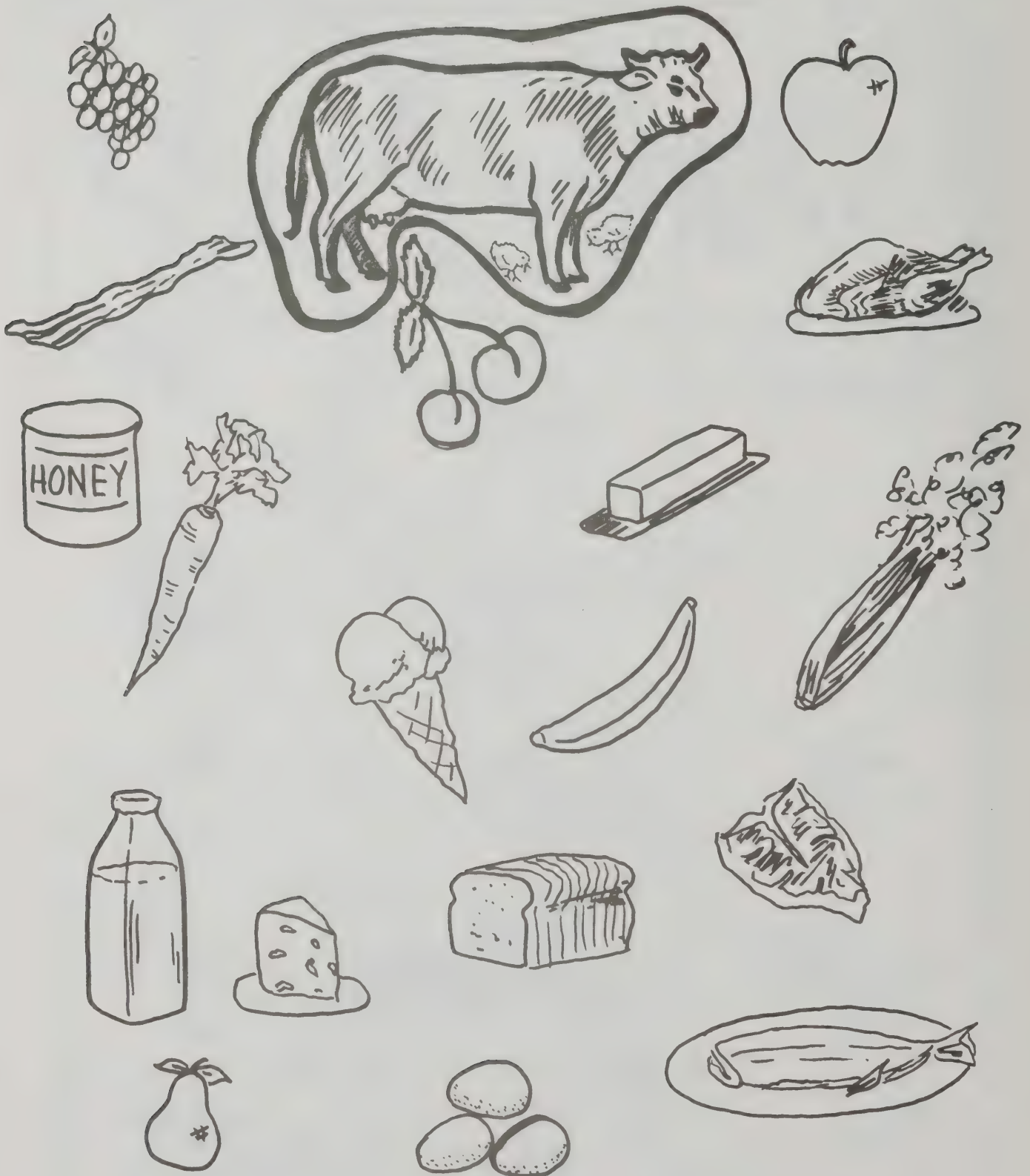
35



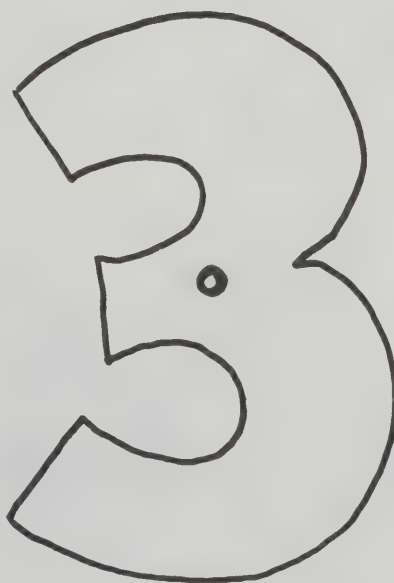
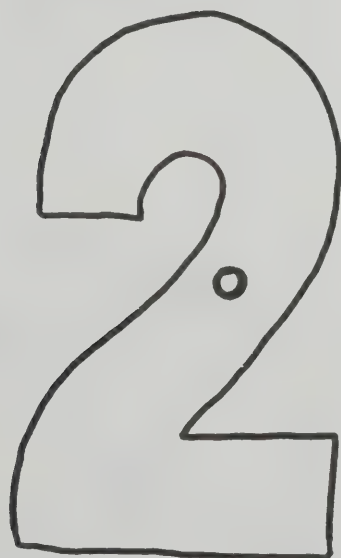
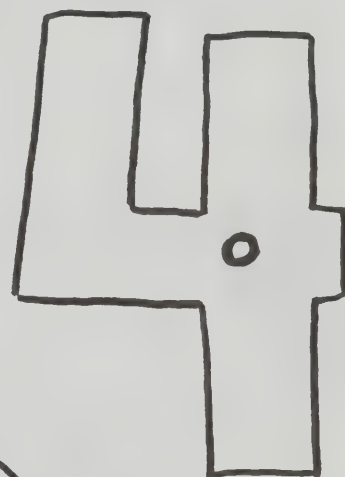
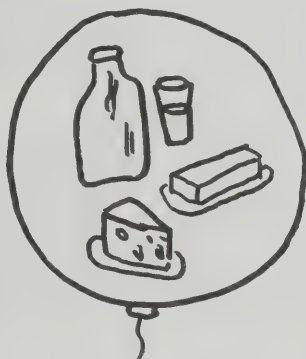
In each column put an X on the foods that do not come from the animal pictured,

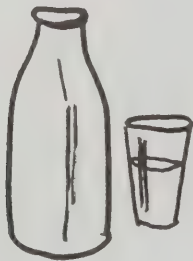
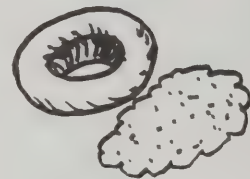
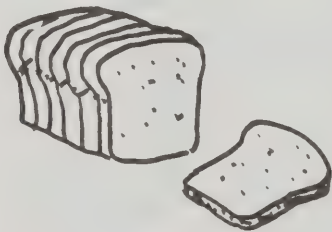
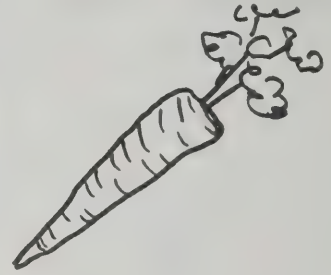
Circle food from animals.



Draw the balloon strings to
the right number of food group.

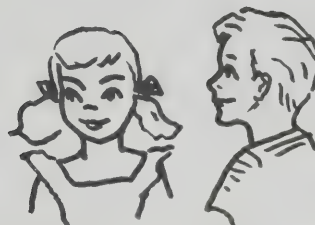


x the one that doesn't belong in each³⁹ row.





These foods are fixed by...

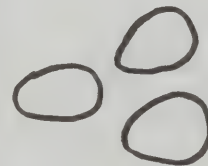
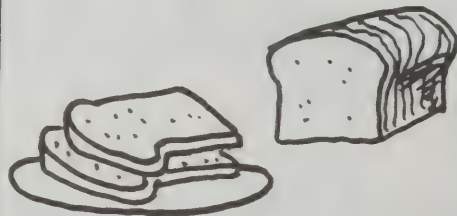
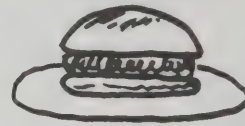
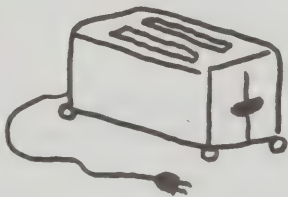


...Mother

...me

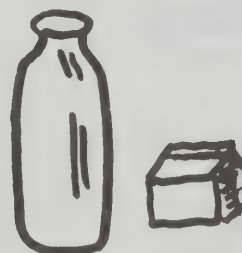
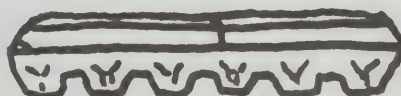
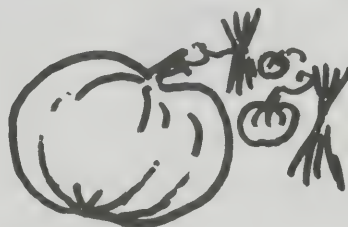
Write Mother or me under each picture.

Which would you use to fix these foods? ⁴¹MATCH.
Draw a line under things that need electricity.



Which goes together?

(Match)

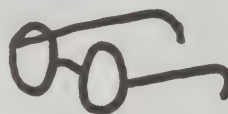
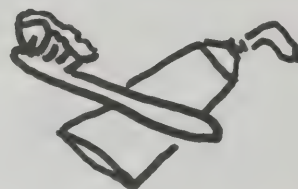
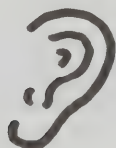
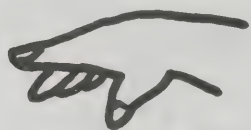


Which goes together?

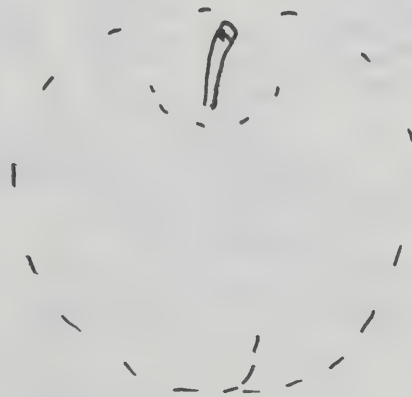
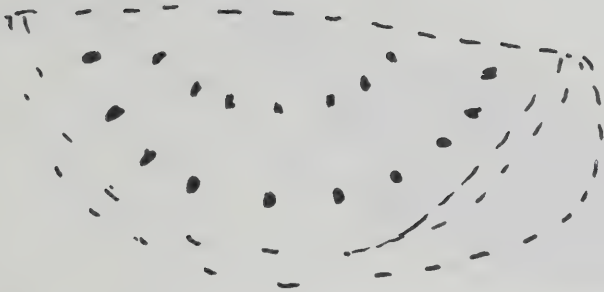
HSS-SPED-18

43

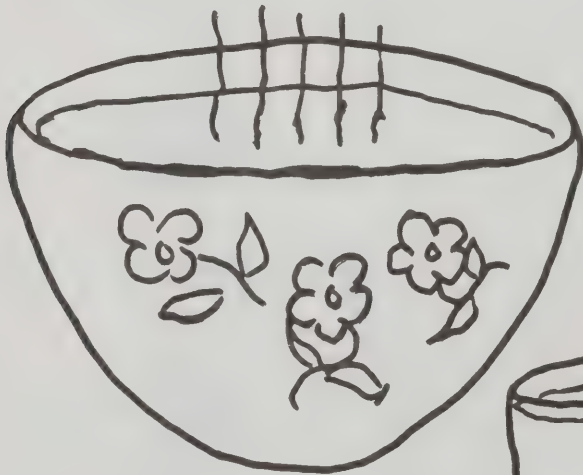
(Match)



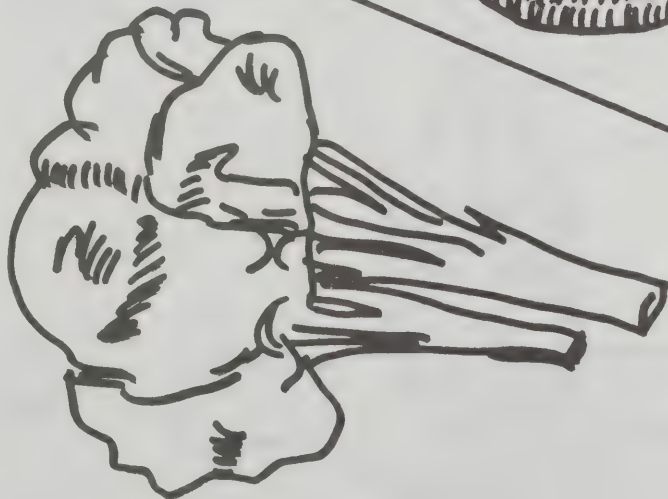
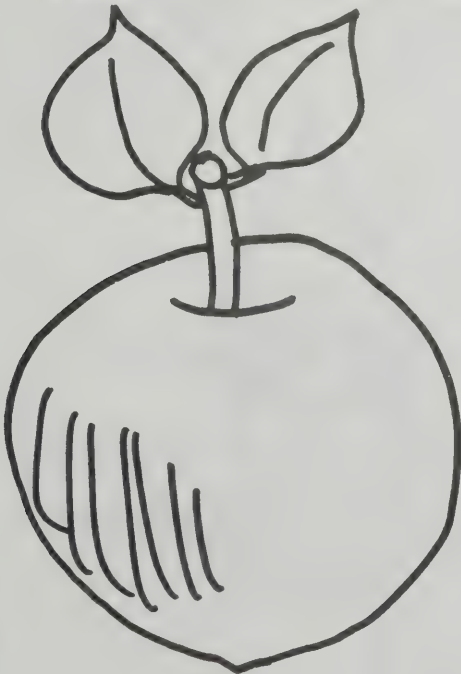
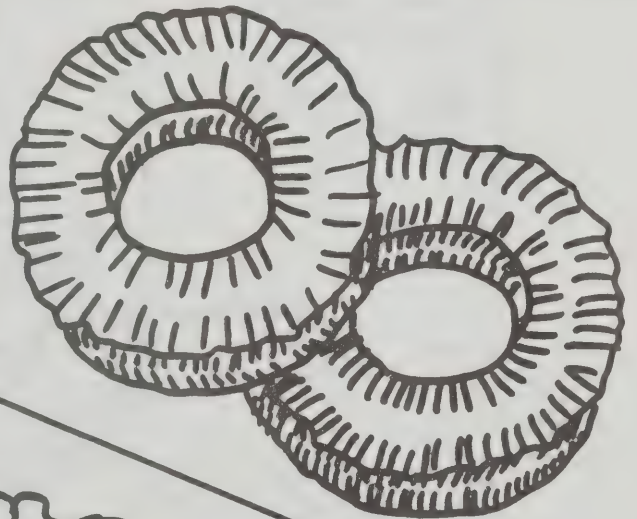
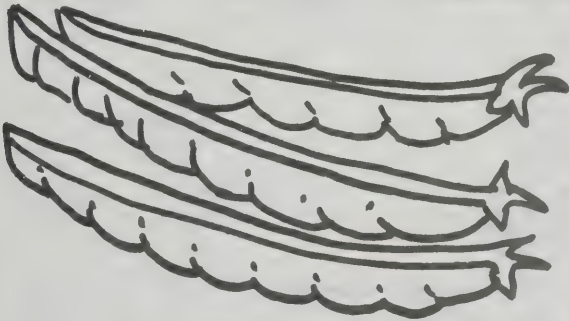
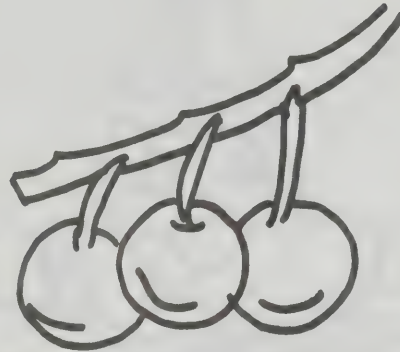
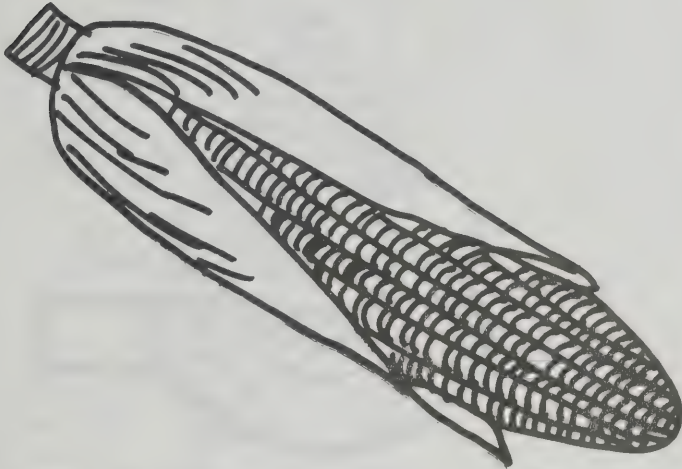
Follow the dots:



Name



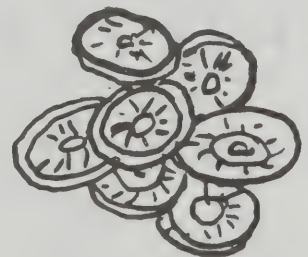
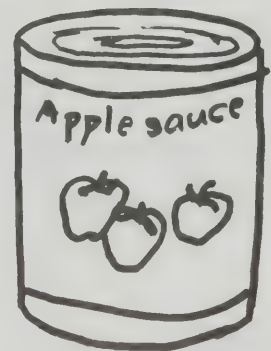
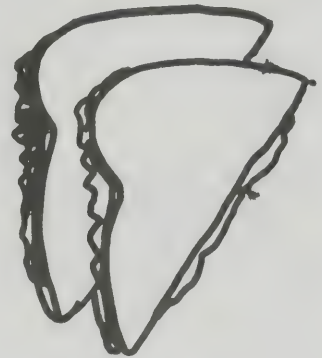
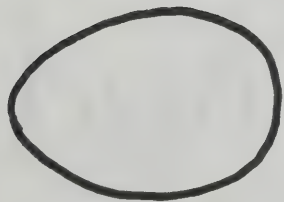
Name _____



Good Health Puppets:



Match raw foods and prepared foods.



Simple reversals

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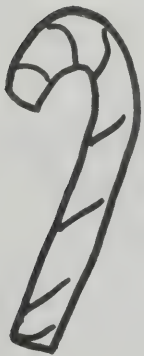
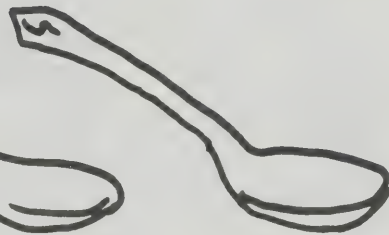
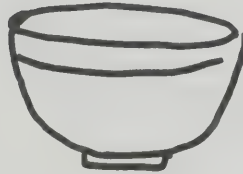
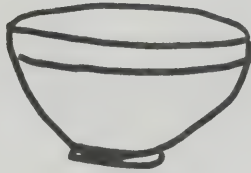
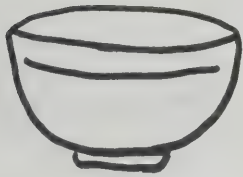
red

erd

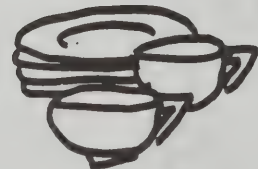
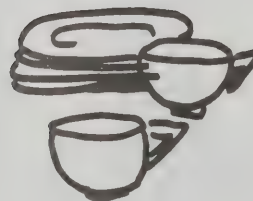
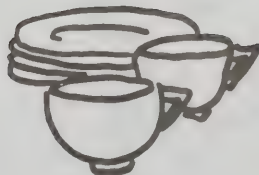
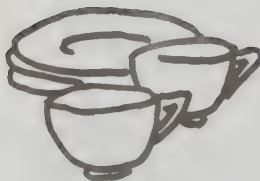
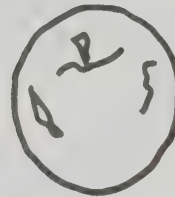
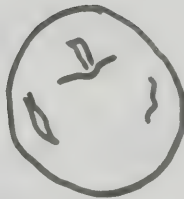
der

red

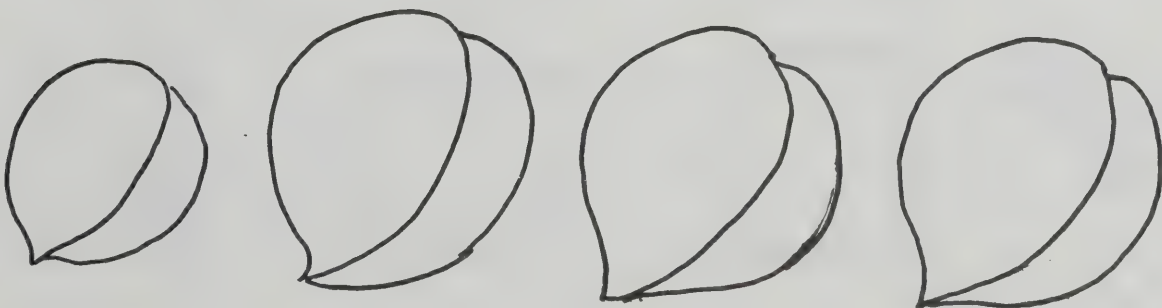
Which is different.



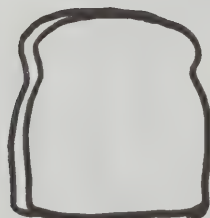
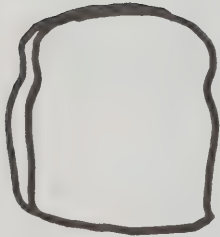
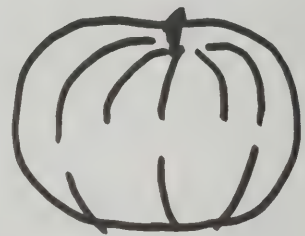
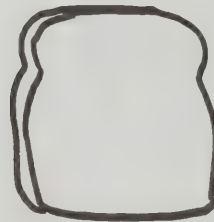
Which is different.

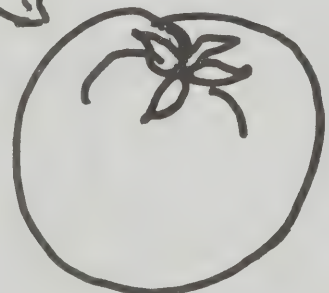
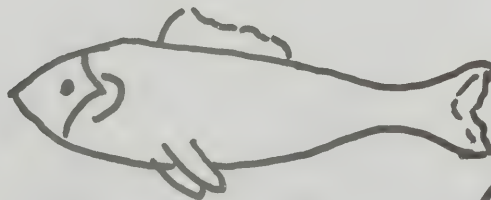
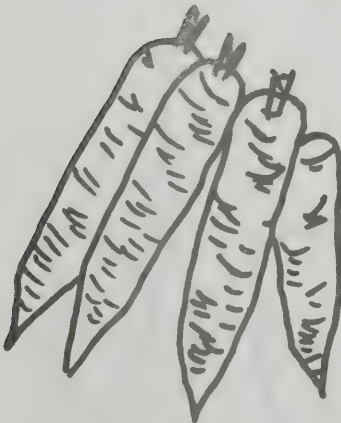
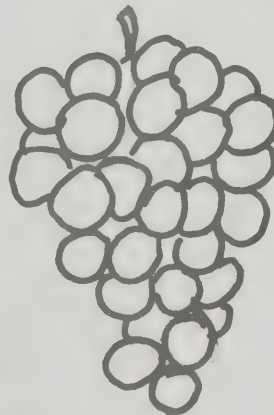
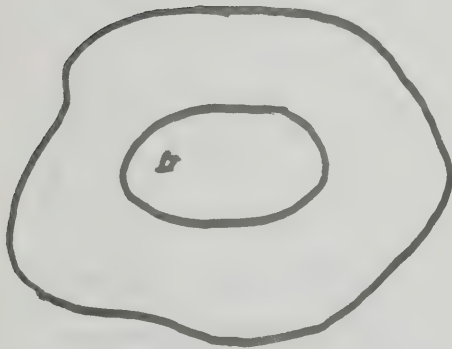
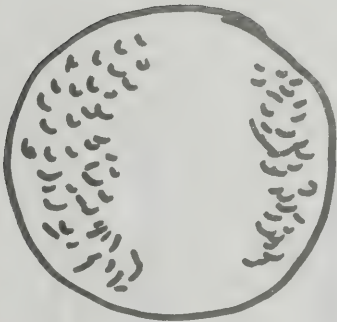
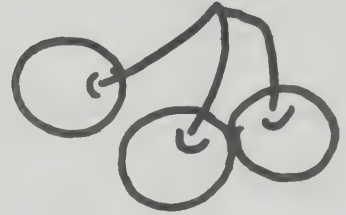
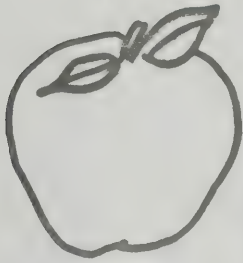


Circle the one that is different.



Draw lines to connect the pictures
that are alike.



Circle Protein Foods.

Matching Lower-Case letters.

e a e k h k

n r r b h b.

y u y s s e

t t k c g g.

Match Capital Letters:

B

D

B

R

Y

V

W

Y

G

G

C

O

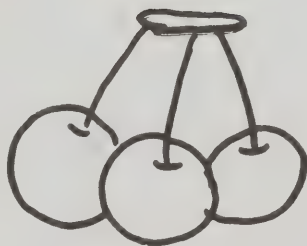
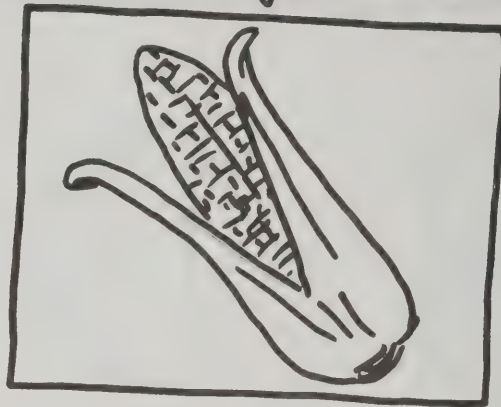
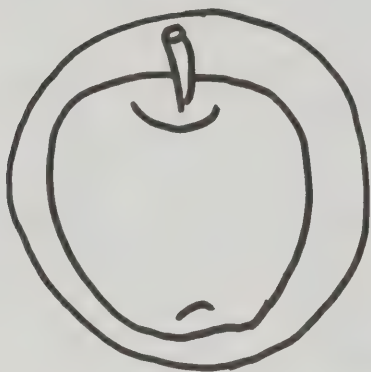
H

M

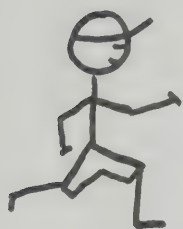
K

H

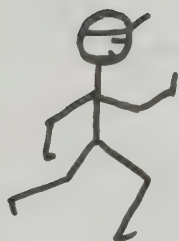
Circle the Fruits. Box the Vegetables. ⁶³ L.A. SPED II

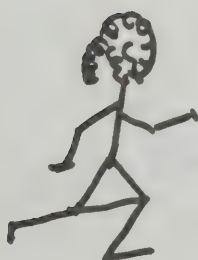


Name _____



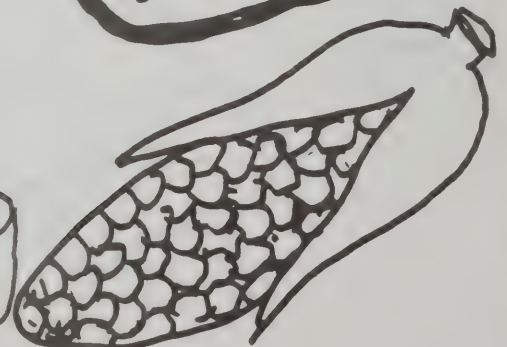
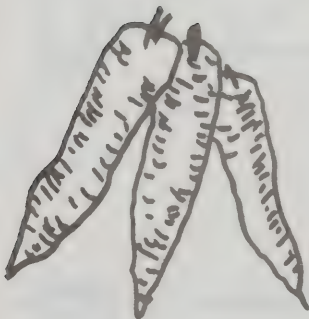
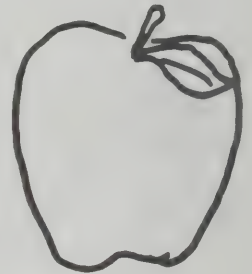
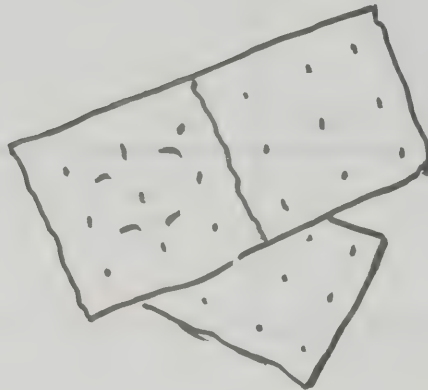
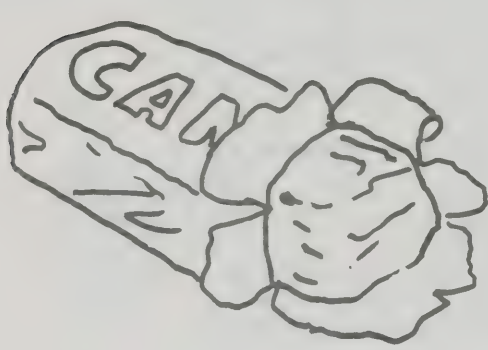




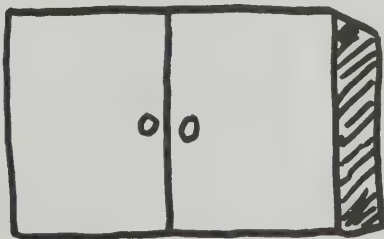
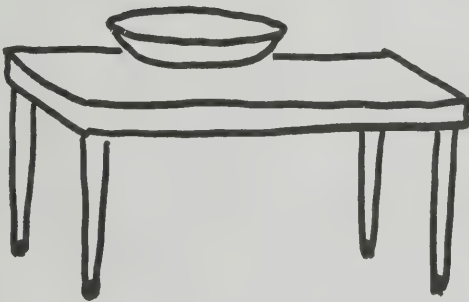
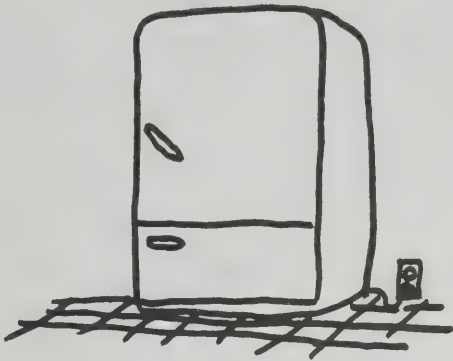




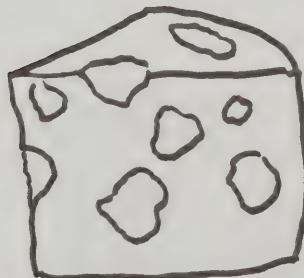
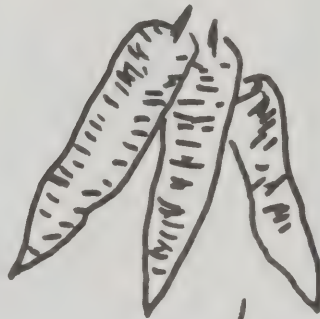
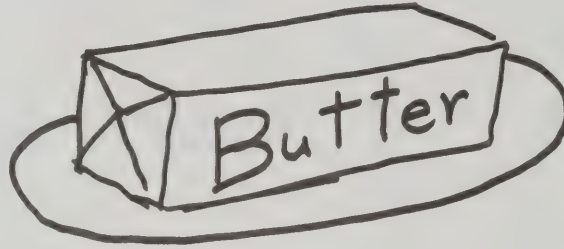
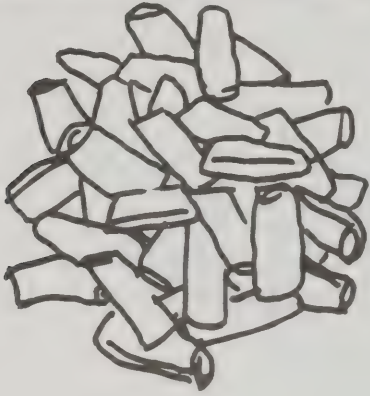
Circle Breads:



66 Where do these belong? L.A. SPED 14
Draw a line.



Circle Dairy Foods:



⁶⁸ Cross out word that does not fit.

fan

fan

food

be

dry

be

eat

eat

set

is

red

red

dry

hot

dry

Cross out the word that does not fit. ⁶⁹

blue	blue	book	blue
------	------	------	------

dry	do	dry	dry
-----	----	-----	-----

dairy	drink	drink	drink
-------	-------	-------	-------

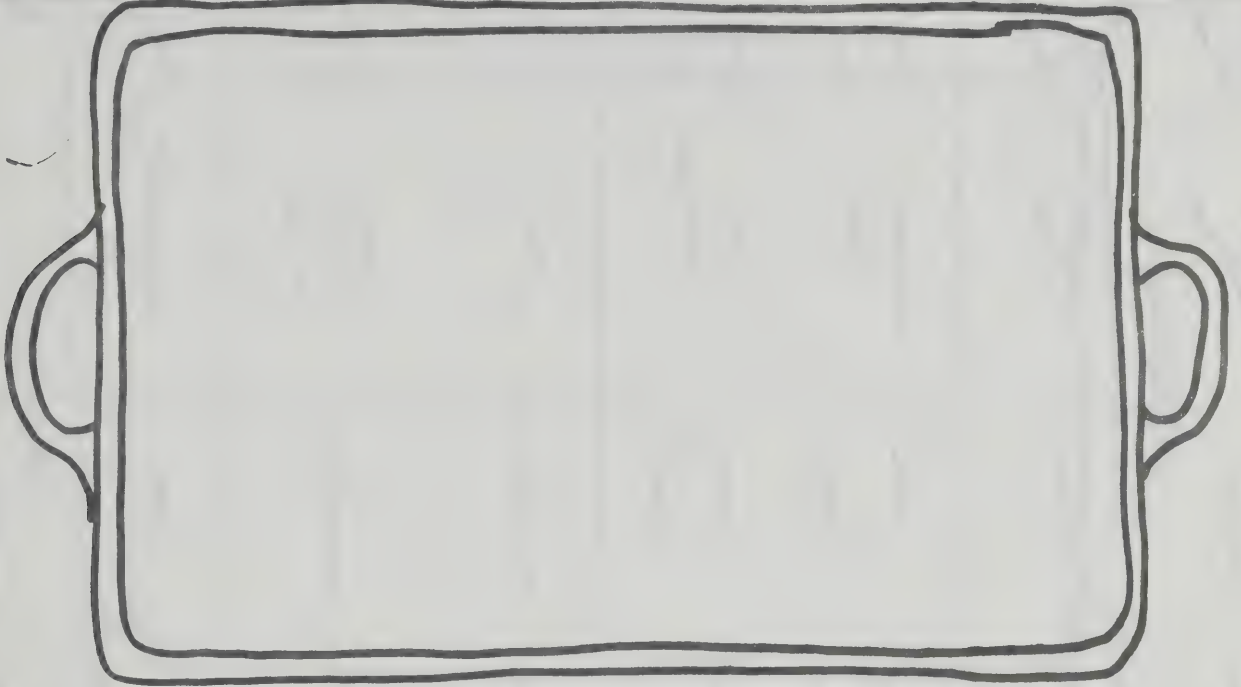
milk	milk	meat	milk
------	------	------	------

cold	chew	cold	cold
------	------	------	------

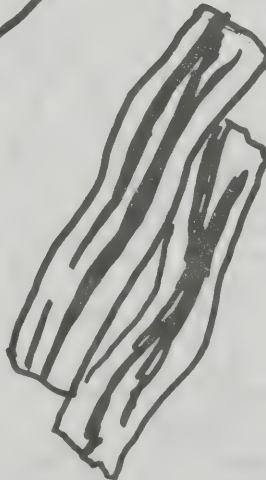
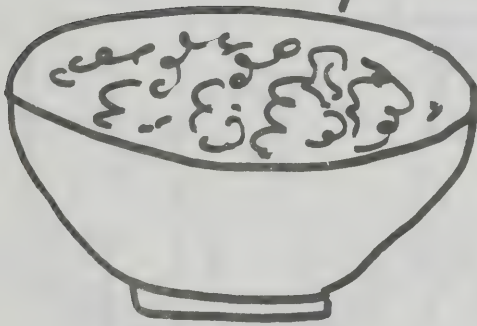
food	food	food	fat
------	------	------	-----

70

Name. _____



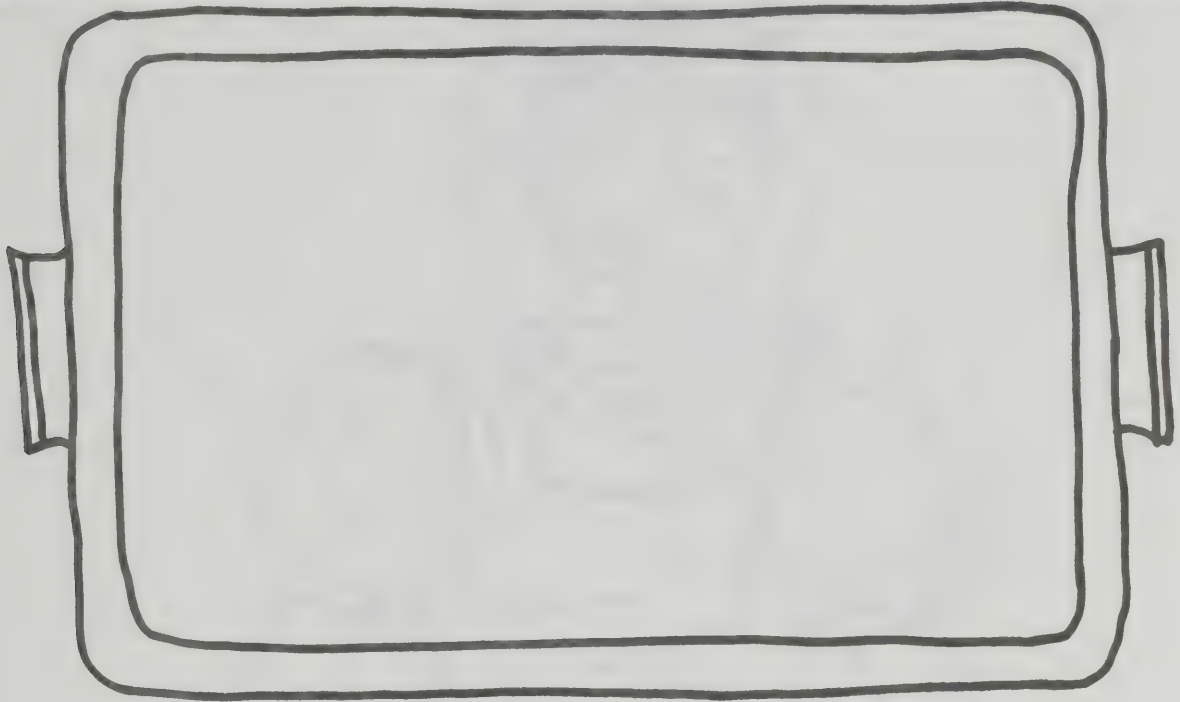
My breakfast



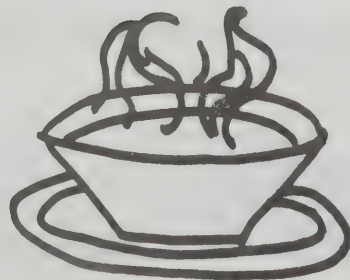
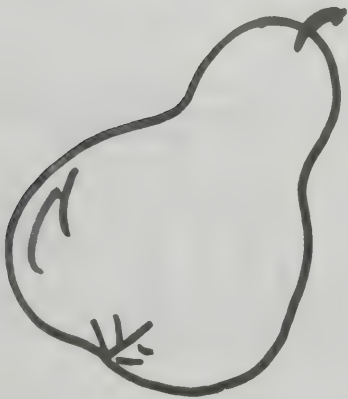
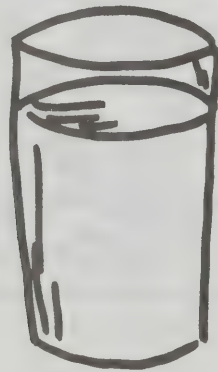
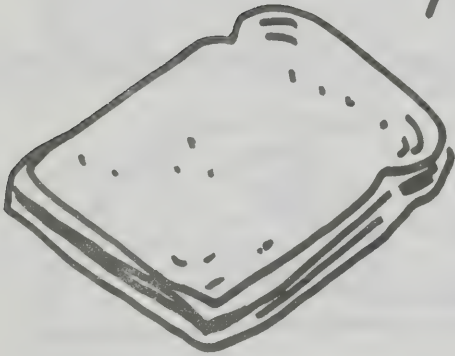
Match letters

v w	b d	o c	h n
y v	p d	c e	k k
j i	u n	l t	g p
j l	n r	t f	j g.
p R	o o	A Y	H H
R B	G Q	A H	F E
W M	G O	B P	E B
V M	G C	D B	F F.

Name _____

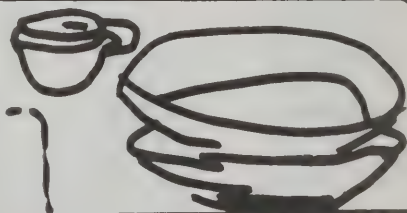


My lunch





I can wash

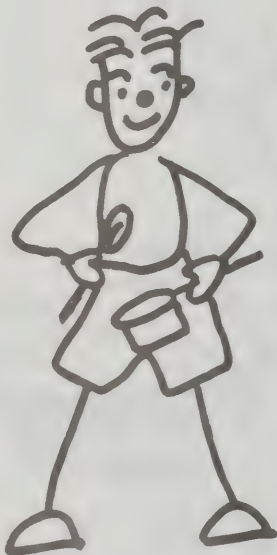




I can dry



Name _____



fix

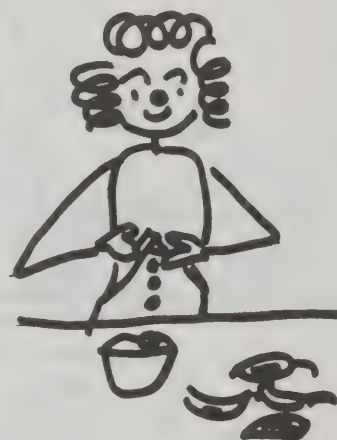
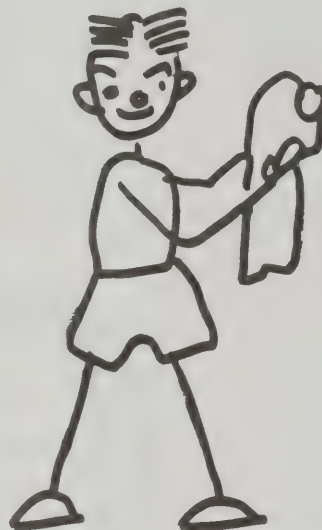
mix

cook

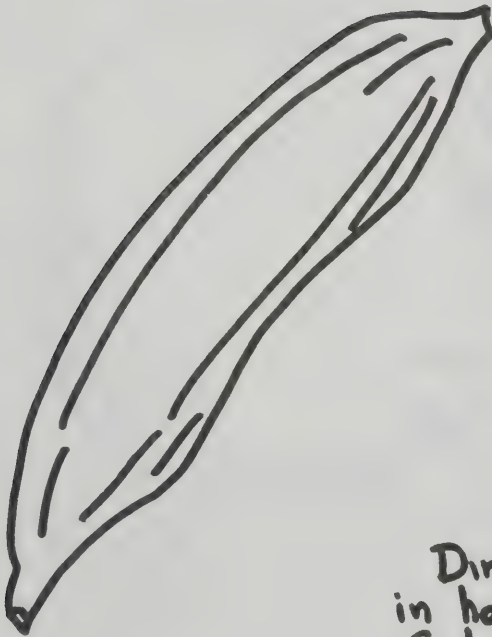
eat

wash

dry

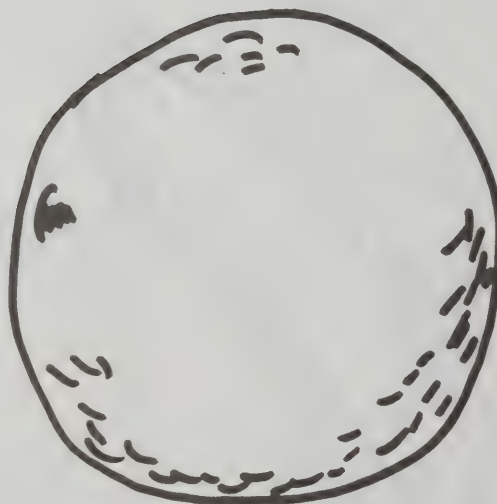


Name _____

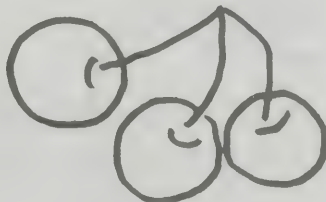
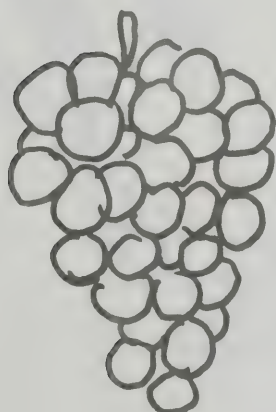
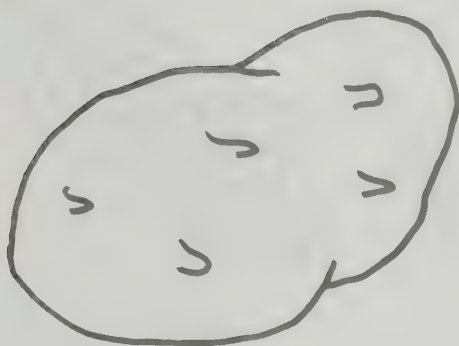
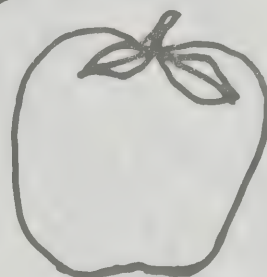
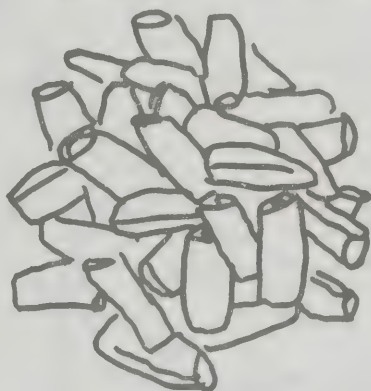
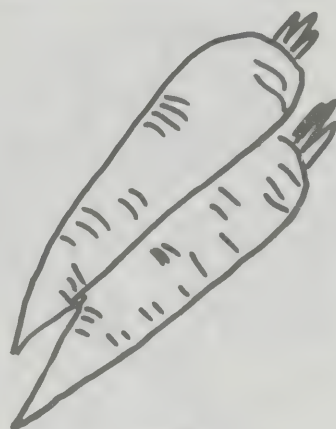
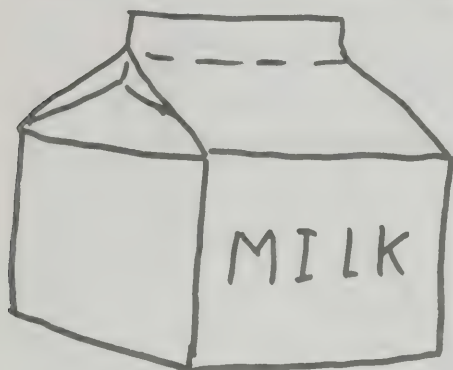


Directions: Fold a piece of 12x18 newsprint in half. Label: Foods We Like, Foods We Need. Color, cut, and paste the snack foods under the correct label.

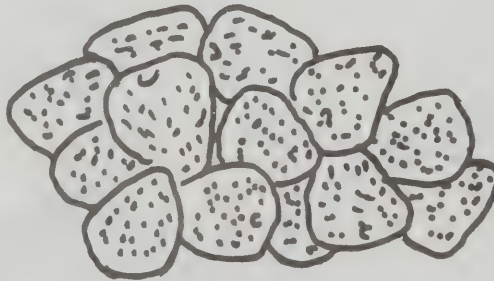
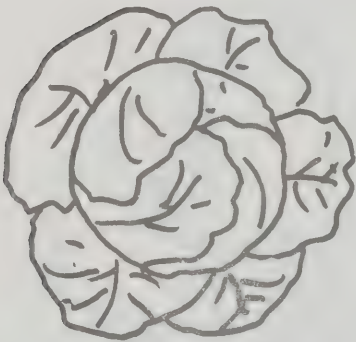
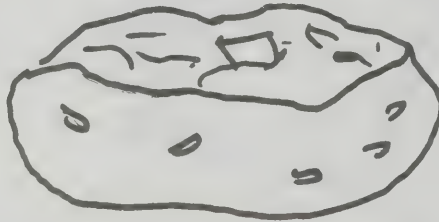
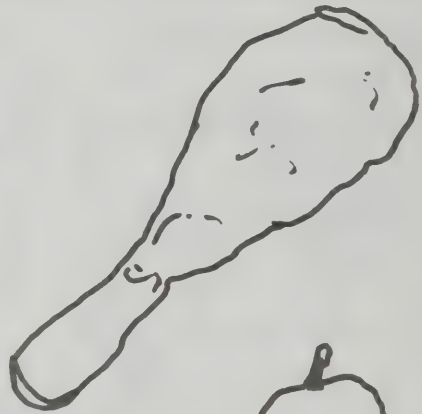
Name _____

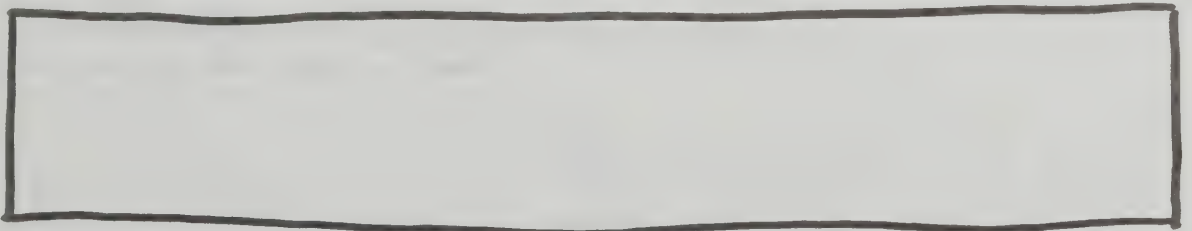
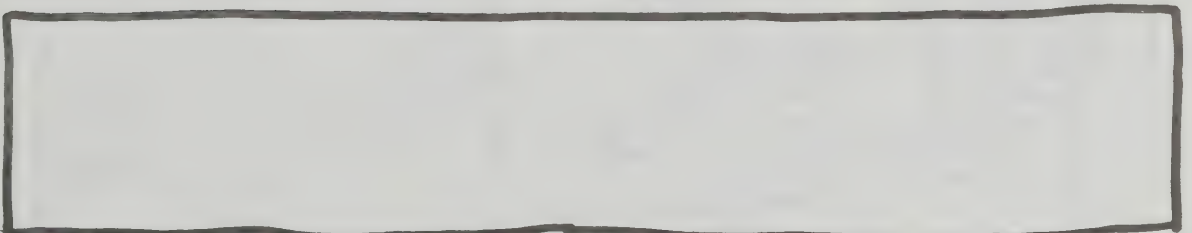
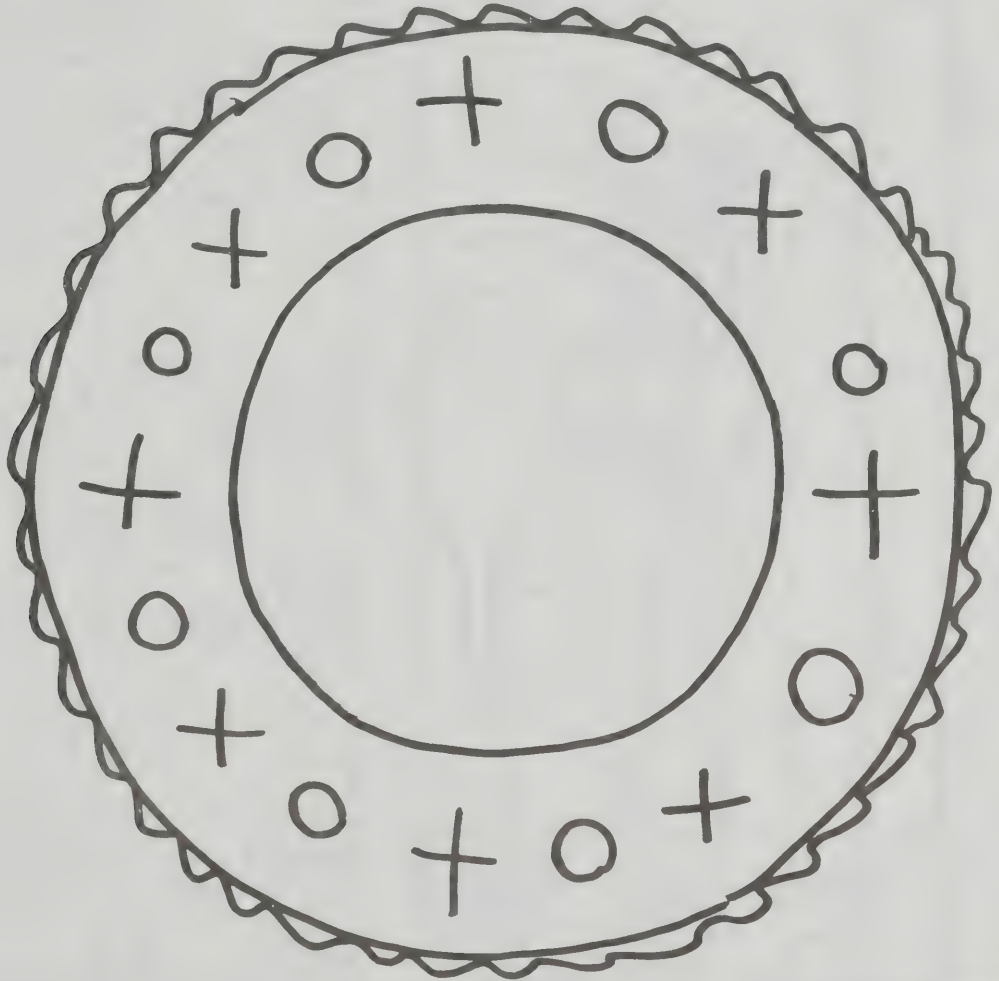
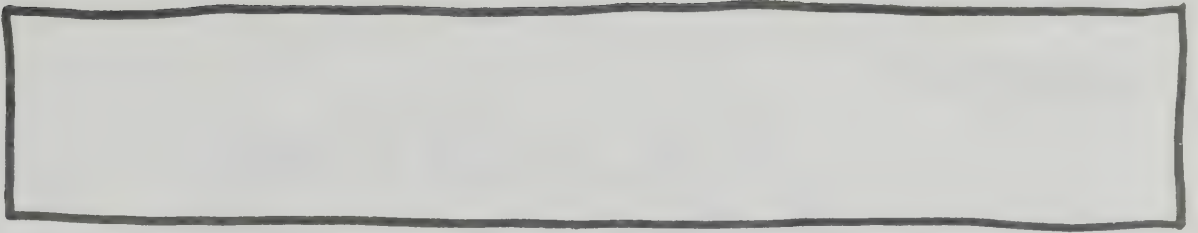


Circle Vegetables:

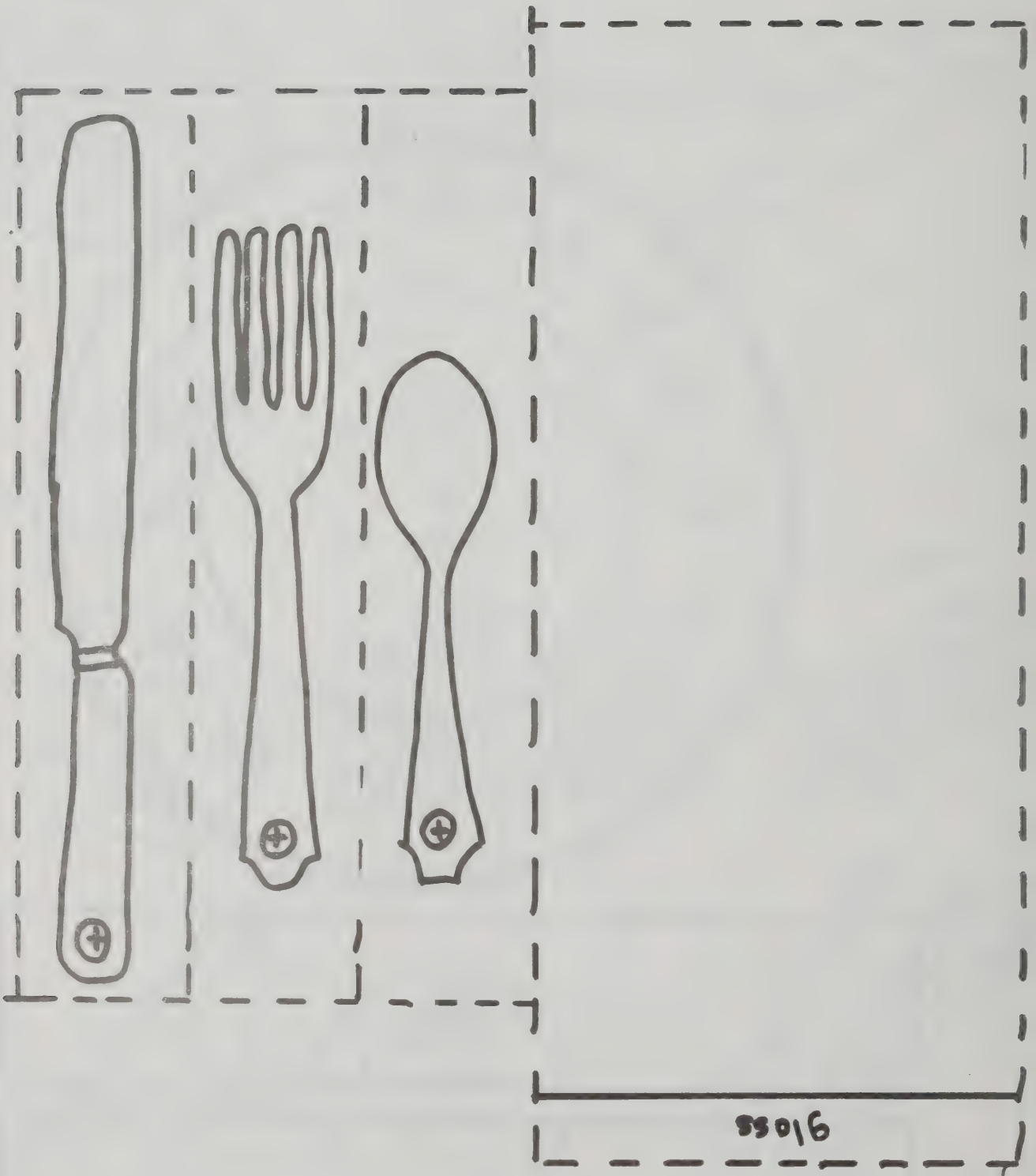


Circle Fruit:



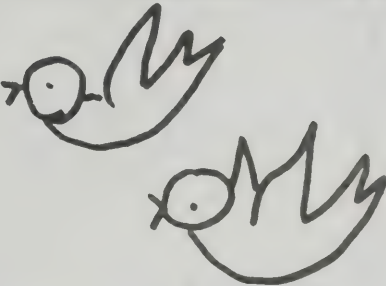
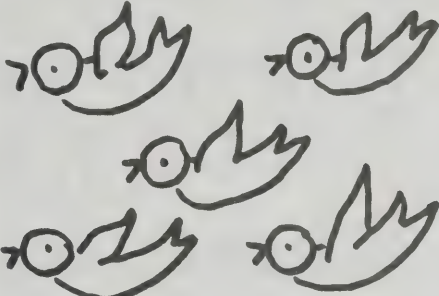
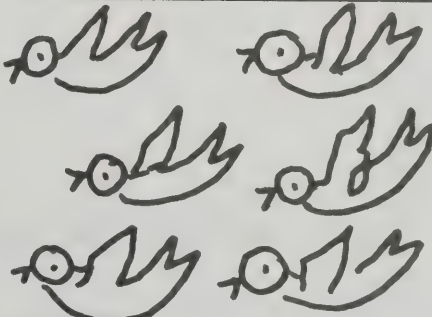
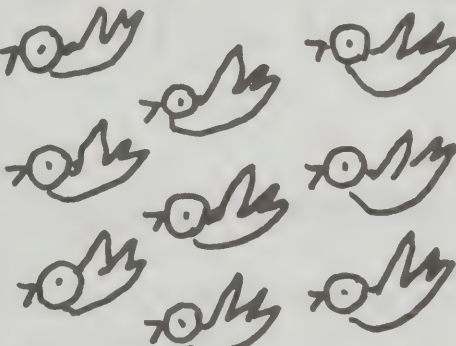


Place setting Put
knife, fork, spoon, glass in place



Color - cut - paste
glass = roll up and paste

How many birds.

MSPED-3

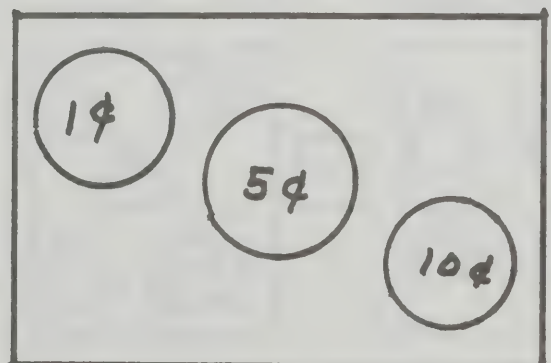
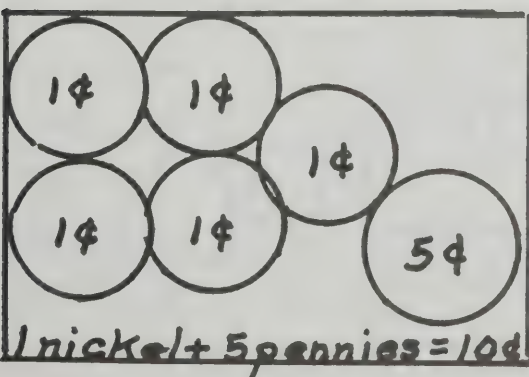
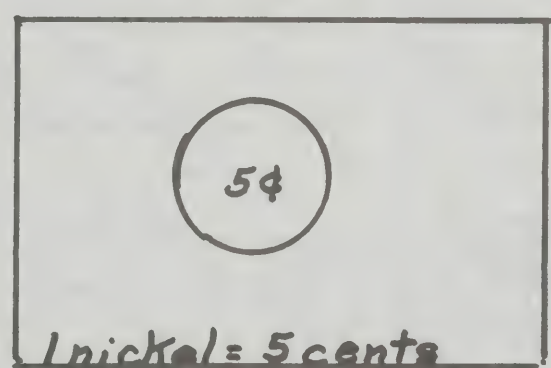
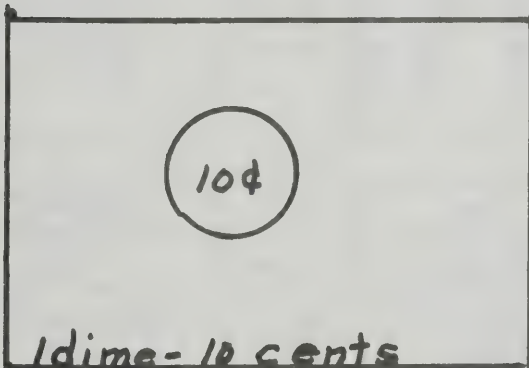
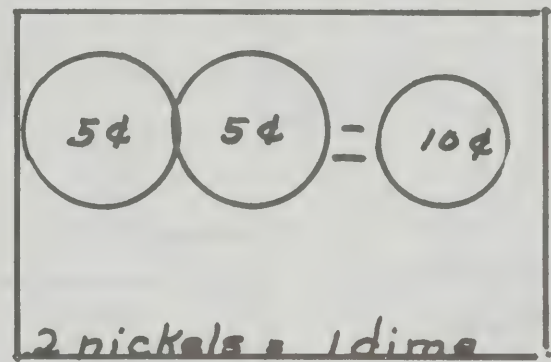
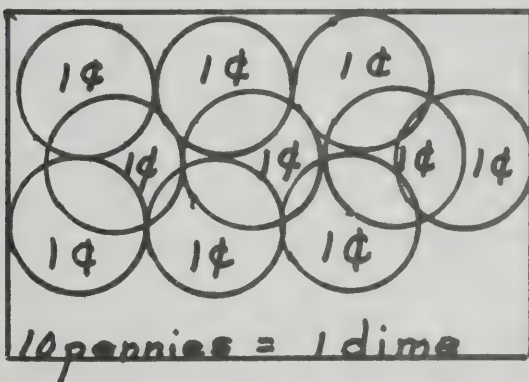
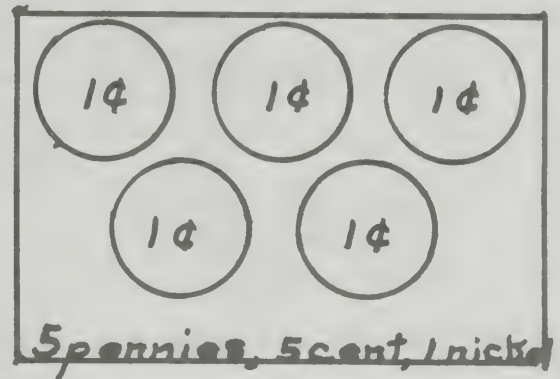
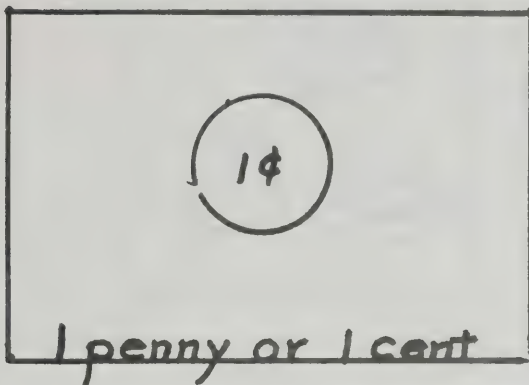
1 2 3 4 5

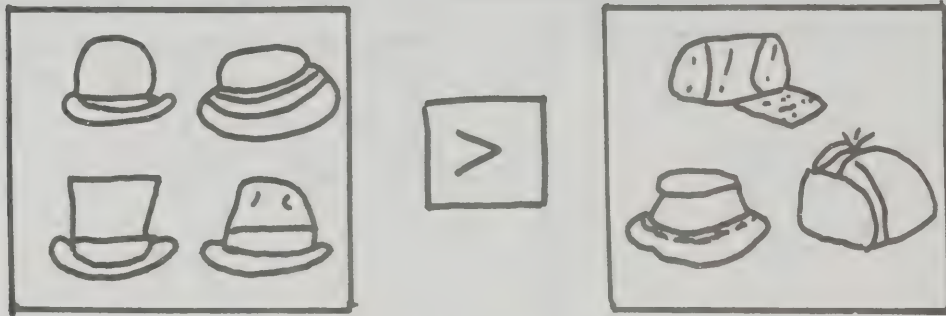
6 7 8 9 10

1 2 3 4 5

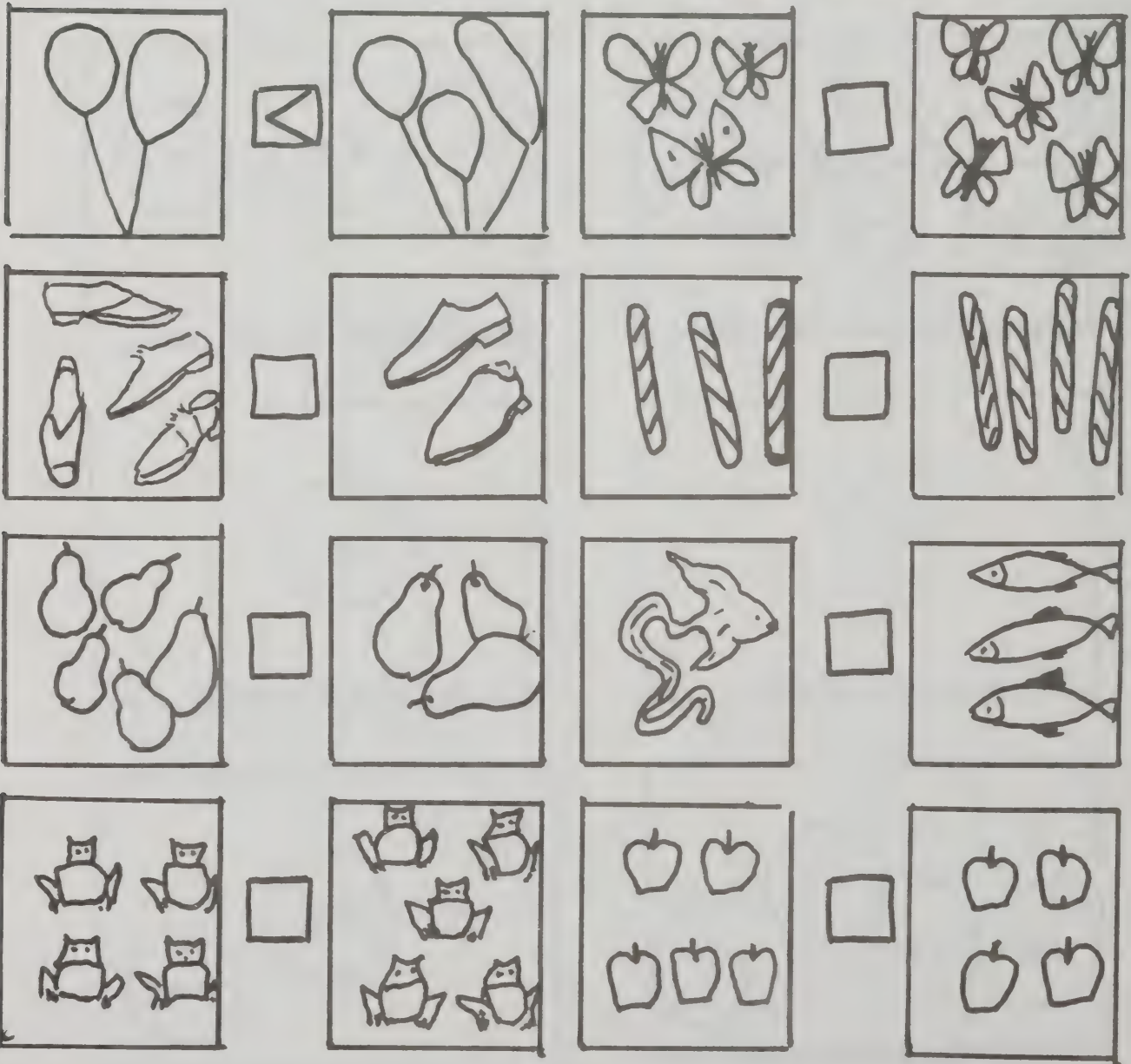
6 7 8 9 10

 M SPED-4





The sign $>$ points to the smaller set.



1¢ 1¢ 1¢ 1¢ 1¢ 5¢

1¢ 1¢ 1¢

6¢

1¢ 1¢ 1¢ 1¢

5¢

1¢ 1¢

5¢

5¢ 1¢

Orange Red Blue Green

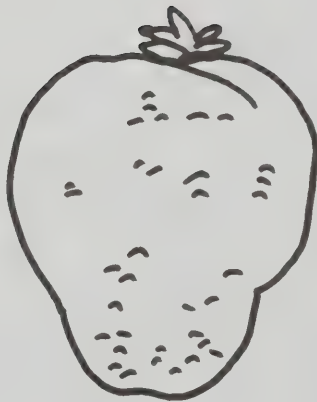
1¢ 1¢ 1¢ 1¢ 1¢

Gum Gum Gum Gum Gum

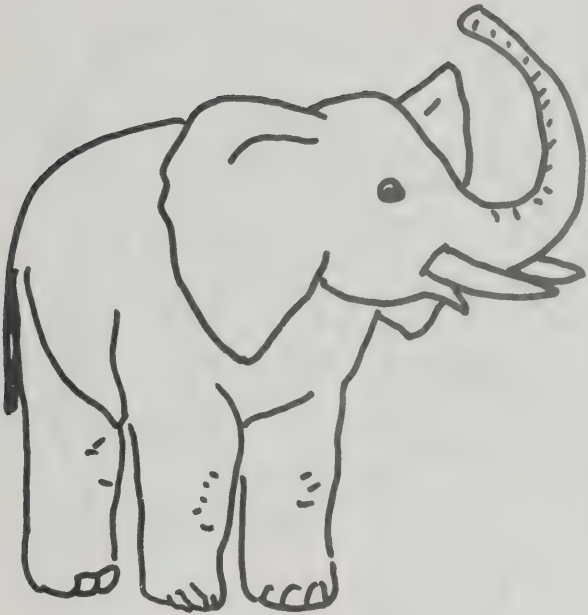
5¢ 1¢ 1¢

5¢

red



Big



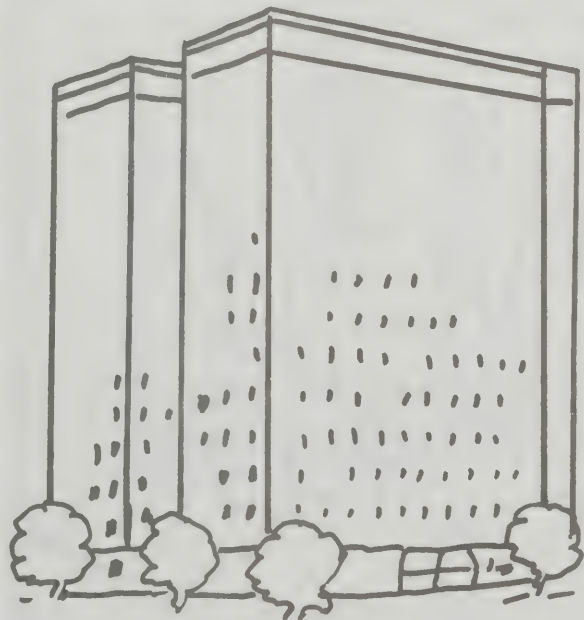
Big



Big



Big

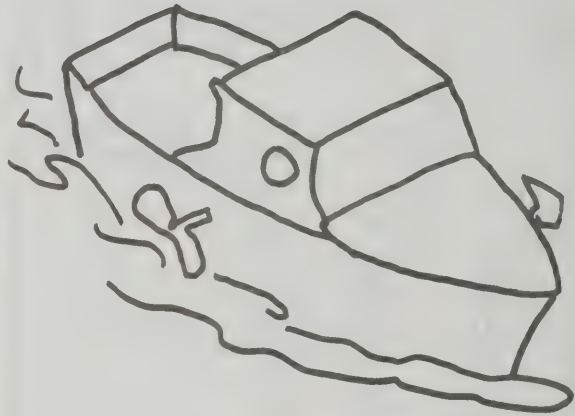


Big

Little



Little



Little



Little

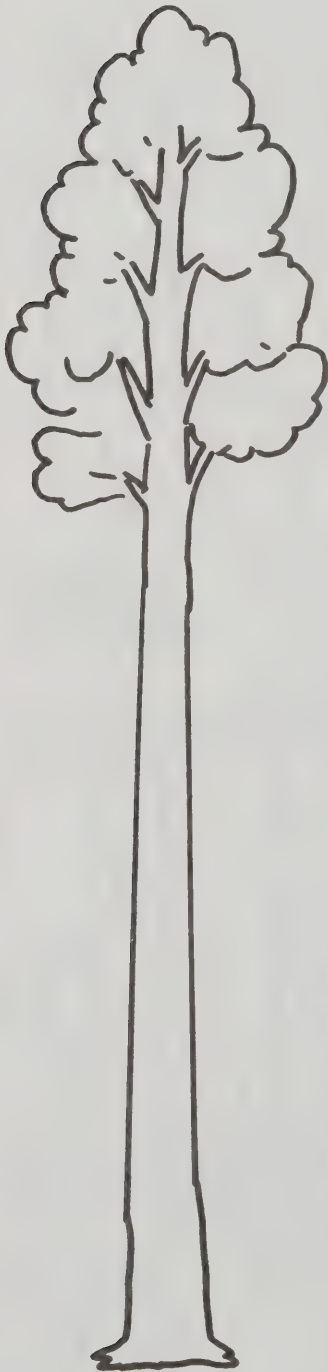


Little

Big and Little



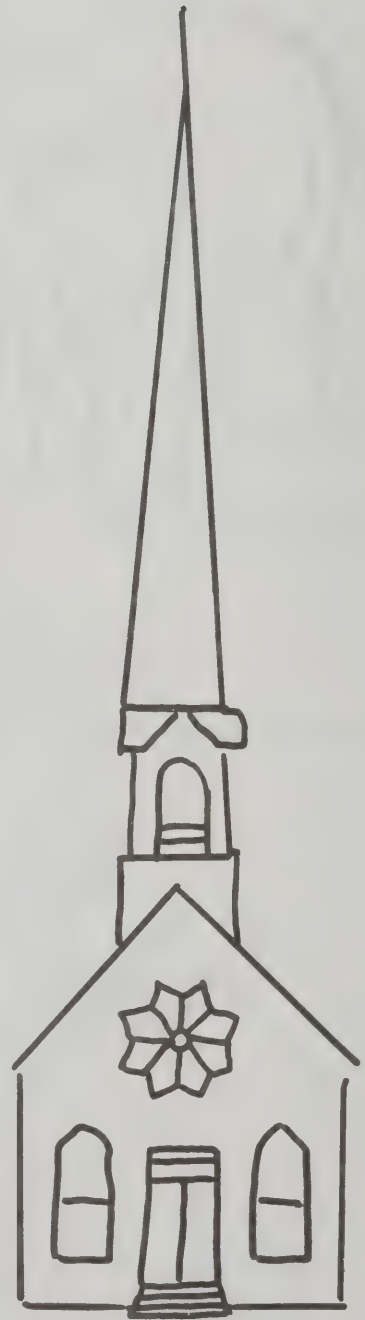
Tall



Tall



Tall

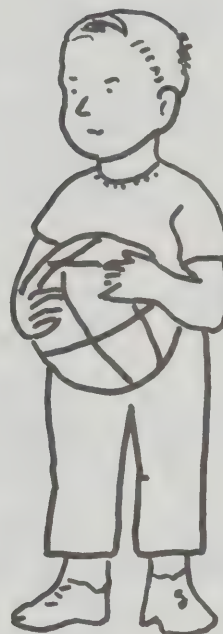


Tall

Short



Short



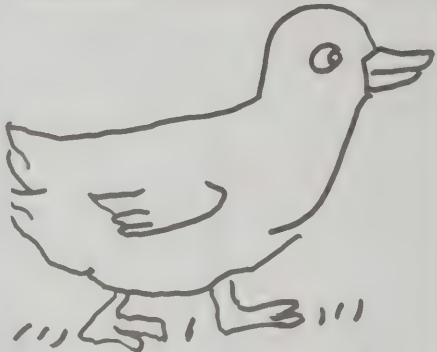
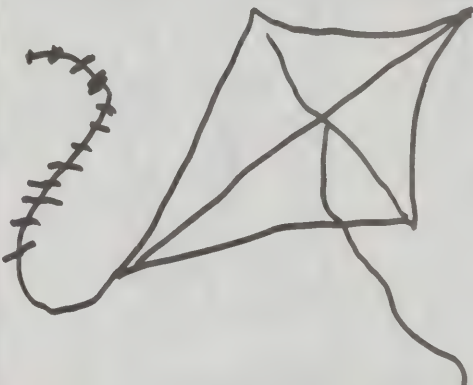
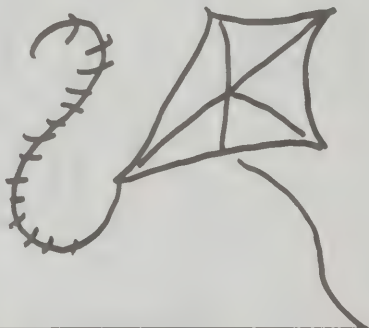
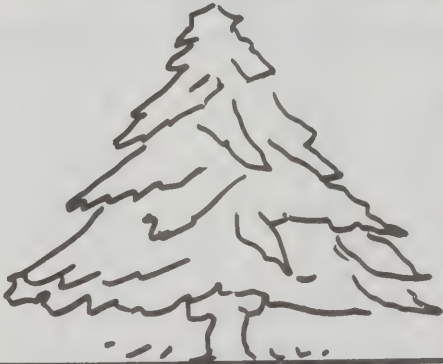
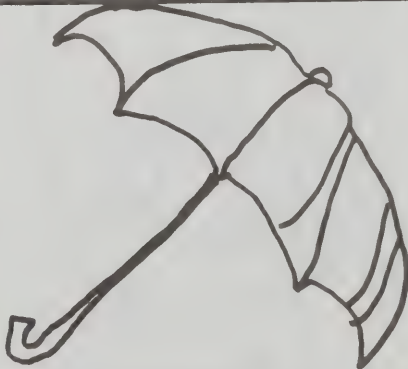
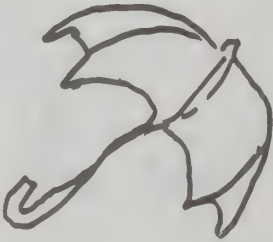
Short



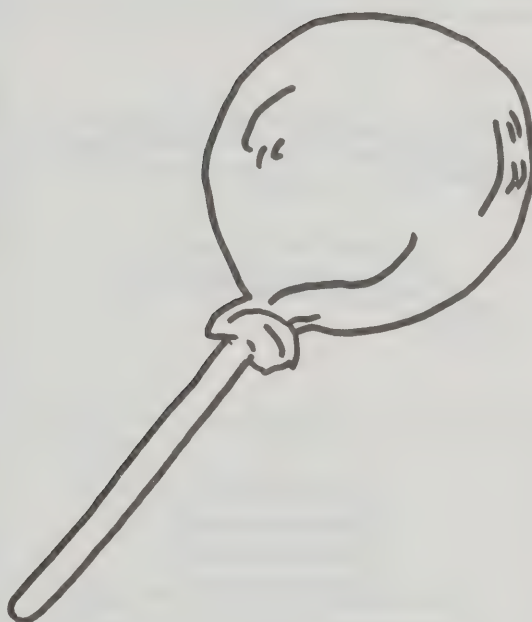
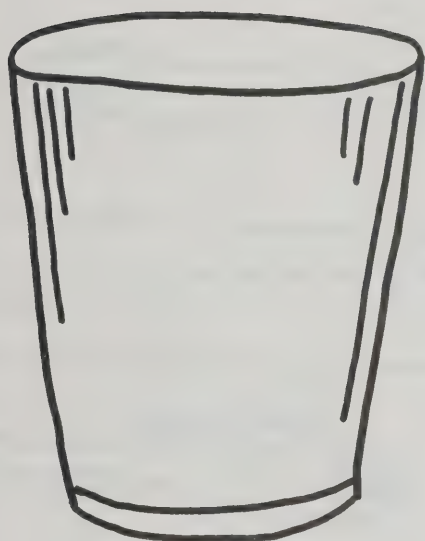
Short

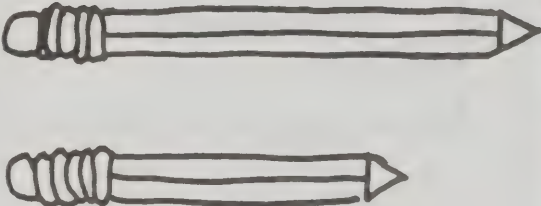
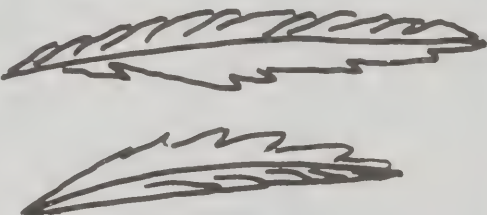
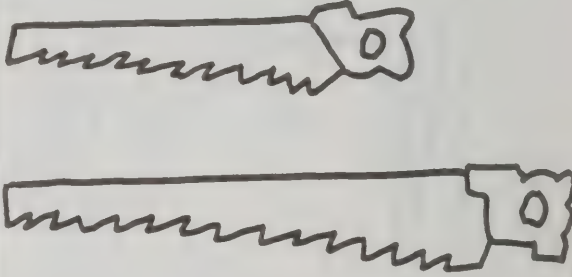
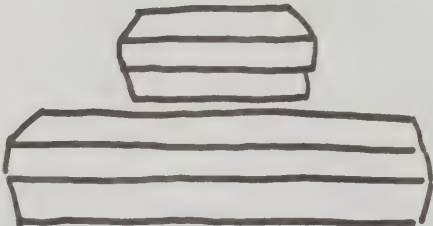
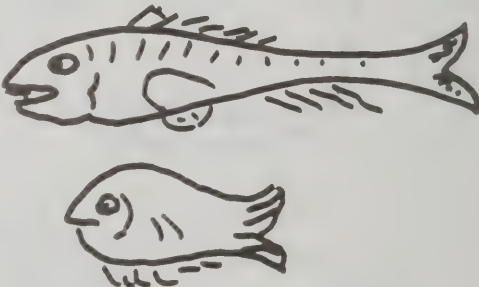
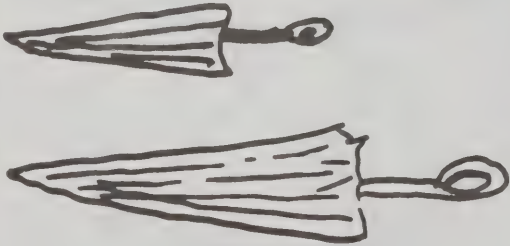
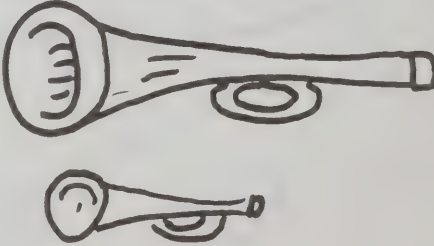


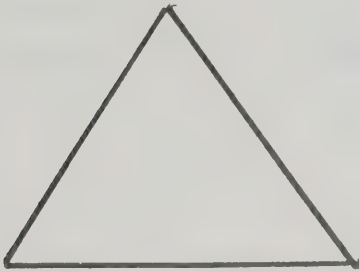
Short

	large small	
	large small	
	large small	
	large small	

orange



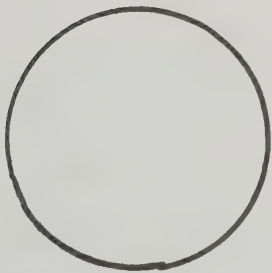
	long short	
	long short	
	long short	
	long short	



Triangle



Square



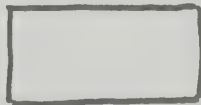
Circle

FormsMSPED-17

Circle



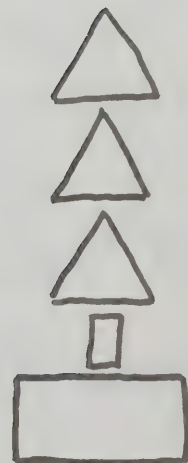
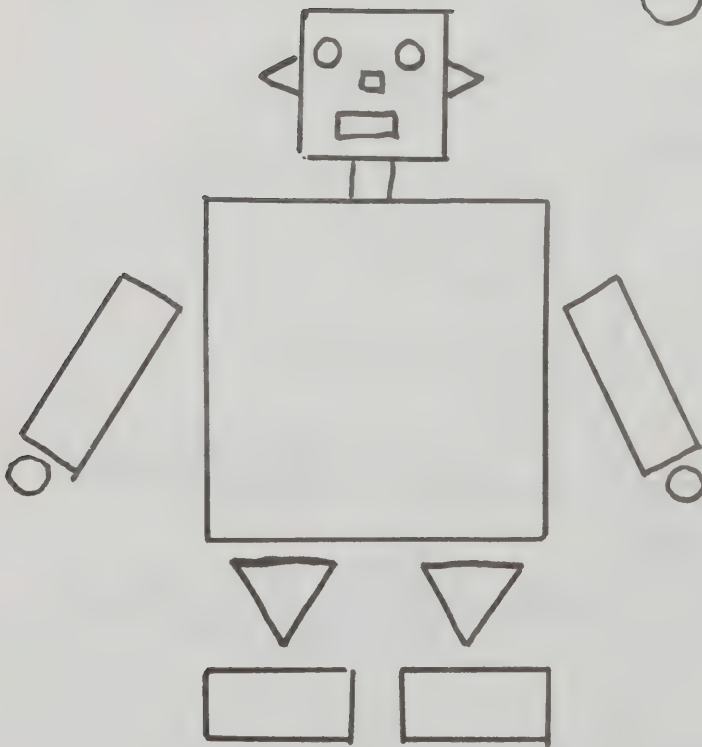
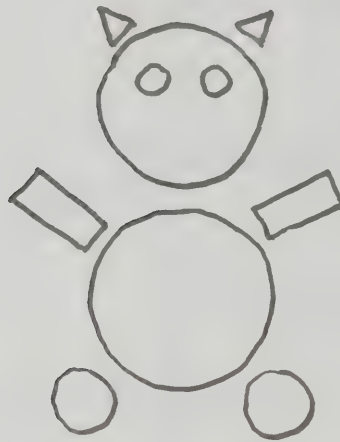
Square



Rectangle



Triangle





JOIN the dots.

A rectangle has four sides and
four square corners.

Is this a rectangle?

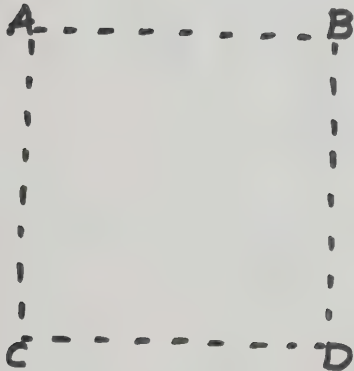
Yes _ No _



A triangle has three sides.

Is this a triangle?

Yes _ No _



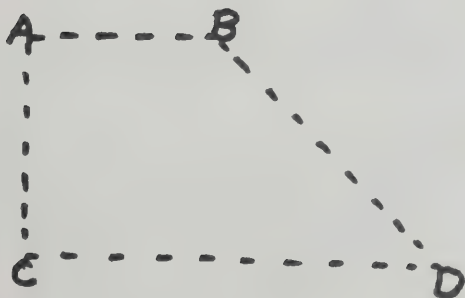
A square has four equal sides
and four square corners.

Is this a square?

Yes _ No _

Is this a rectangle?

Yes _ No _

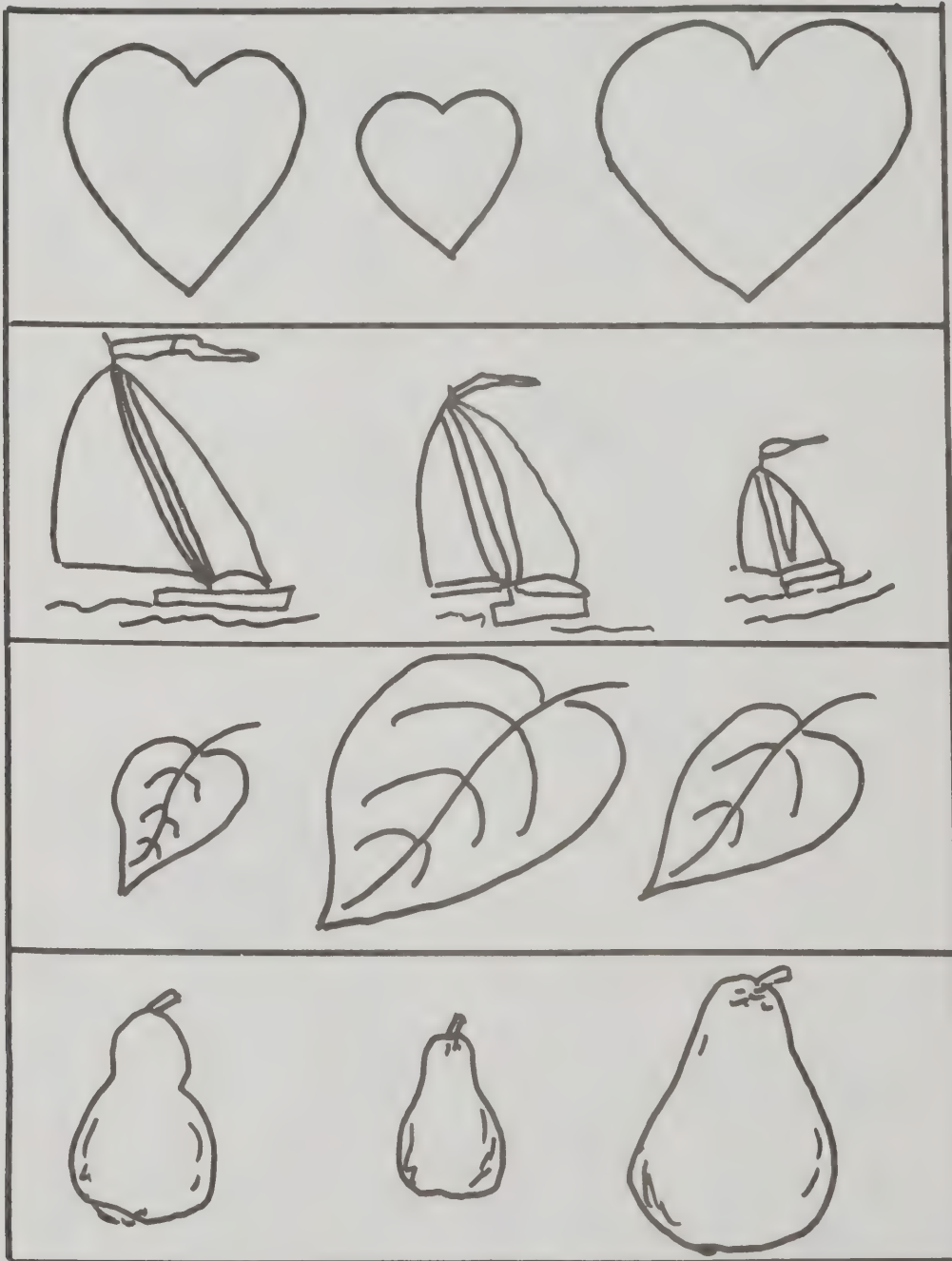


Is this a square?

Yes _ No _

Is this a rectangle?

Yes _ No _

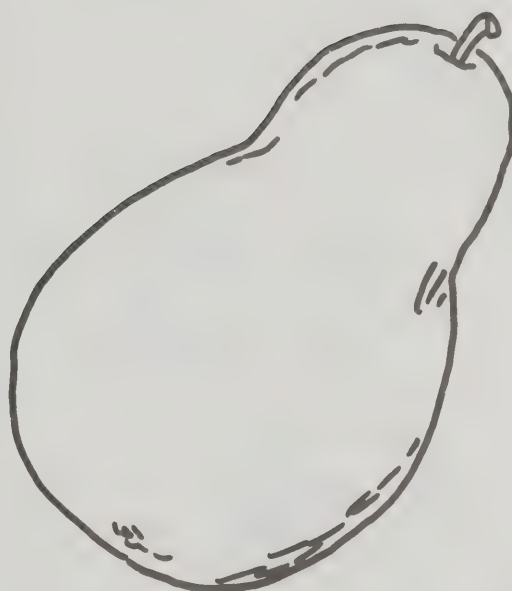
**LARGEST**

Put x on the smallest heart.
 Put x on the largest boat.
 Put x on the smallest leaf.
 Put x on the largest pear.

SMALLEST

Color the largest heart red.
 Color the smallest boat blue.
 Color the largest leaf green.
 Color the smallest pear yellow.

yellow



MENU

SOUP	_____	9¢	SANDWICH	_____	15¢
BREAD	_____	2¢	DESSERT	_____	8¢
MILK	_____	6¢	APPLE	_____	4¢
BUTTER	_____	2¢	ICE CREAM	_____	7¢
SALAD	_____	10¢	CRACKER	_____	1¢

ANN	JCE	BOB	MARY
SOUP _____	SANDWICH _____	SANDWICH _____	SALAD _____
CRACKERS _____	SALAD _____	MILK _____	BREAD _____
MILK _____	APPLE _____	SOUP _____	BUTTER _____
DESSERT _____	ICE CREAM _____	ICE CREAM _____	DESSERT _____
\$ _____	\$ _____	\$ _____	\$ _____

BILL	JANE	BETTY	DICK
SOUP _____	SANDWICH _____	SALAD _____	SANDWICH _____
BREAD _____	DESSERT _____	CRACKERS _____	MILK _____
APPLE _____	ICE CREAM _____	MILK _____	SALAD _____
DESSERT _____	SALAD _____	DESSERT _____	APPLE _____
\$ _____	\$ _____	\$ _____	\$ _____

WHO SPENT THE MOST MONEY? _____

WHO SPENT THE LEAST MONEY? _____

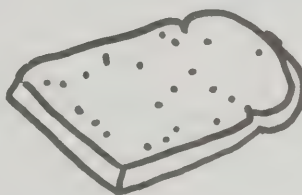
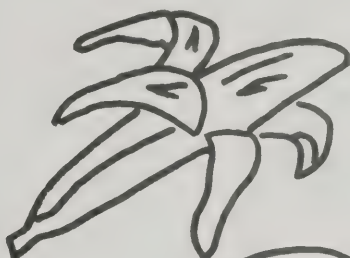
My Breakfast

banana

toast

egg

milk

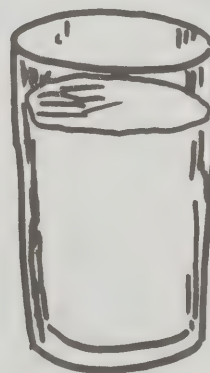
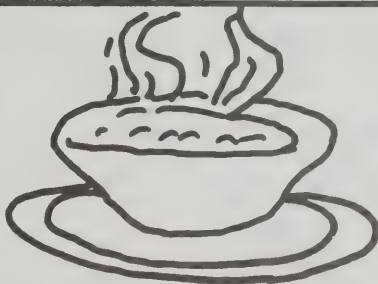
My Lunch

soup

crackers

apple

milk

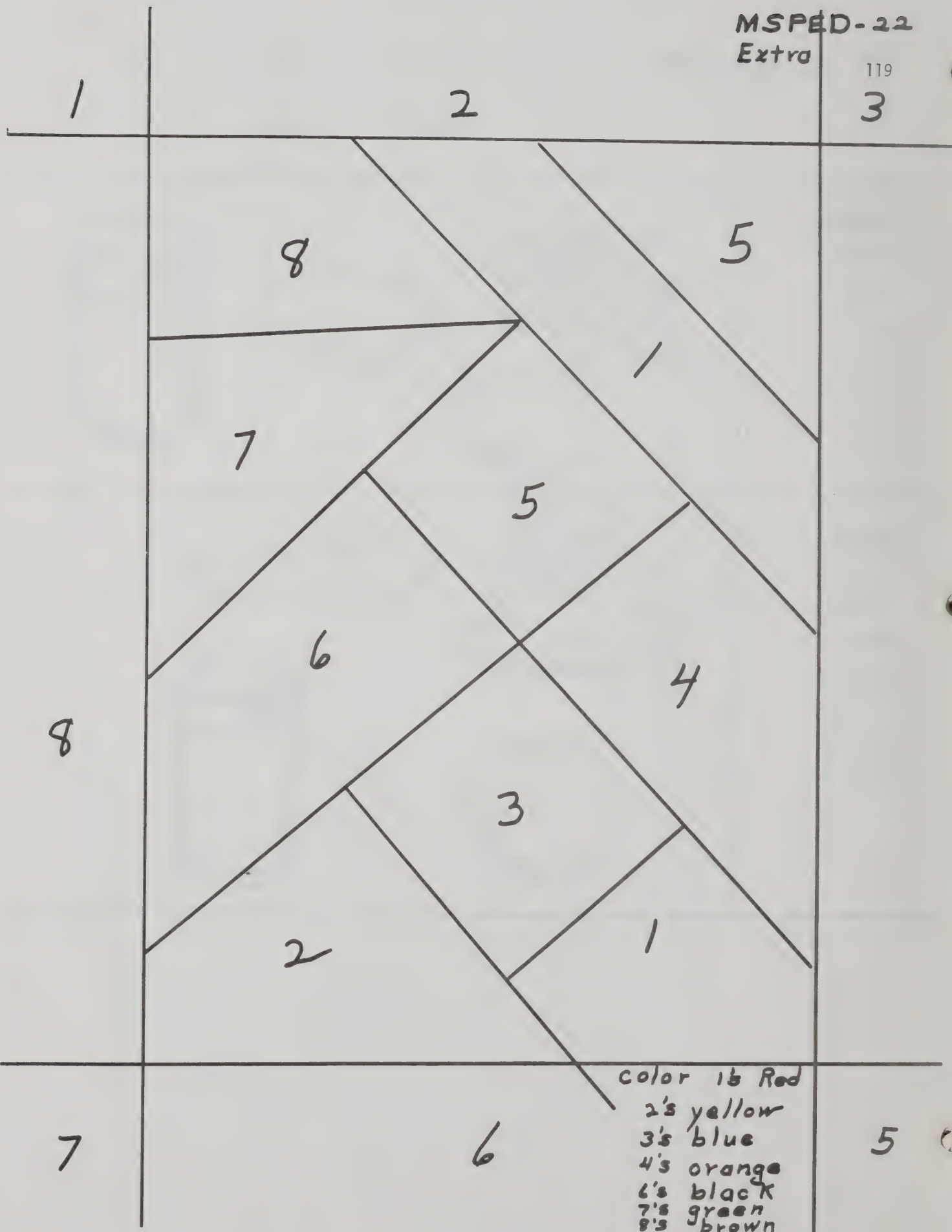


MSPED-22

Extra

119

3



A



JOIN THE DOTS

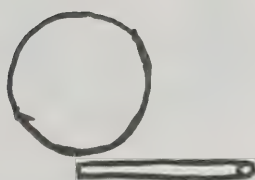
A and B B and D

A and C C and E

B and C D and E

B.

C



COLOR:

The triangular shape red.

the circular shape black

the rectangular shape yellow.

D

E

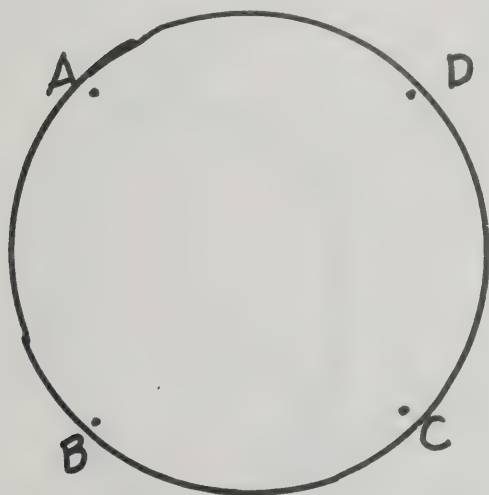


WE BEGIN WITH A CIRCLE

JOIN THE DOTS

A and B A and D

B and C D and C



Did you make a square?

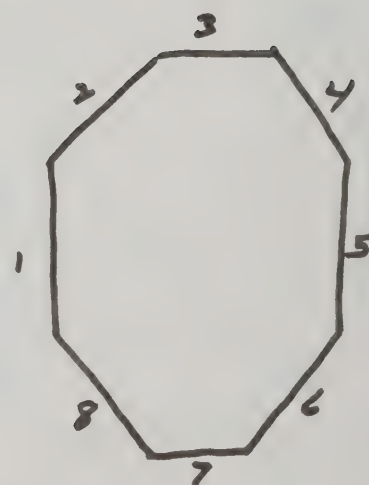
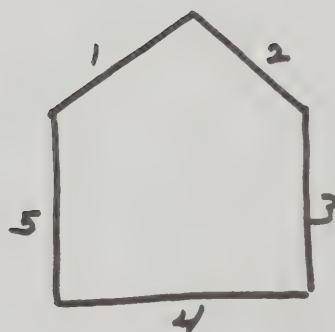
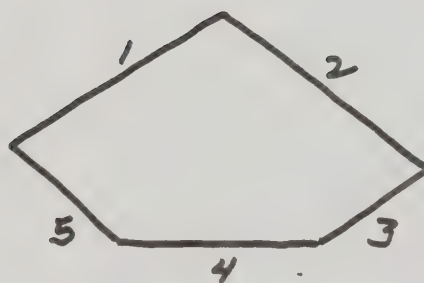
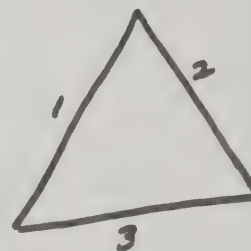
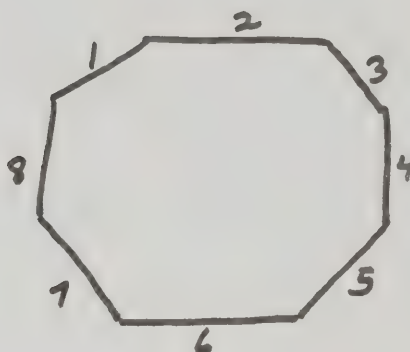
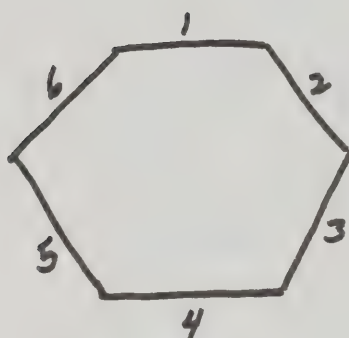
Yes

No

JOIN THE DOTS

A and C B and D

HOW MANY TRIANGLES DO YOU SEE? _____

MSPED-24

Color. Line 1-Red

2-Blue

3-Green

4-Yellow

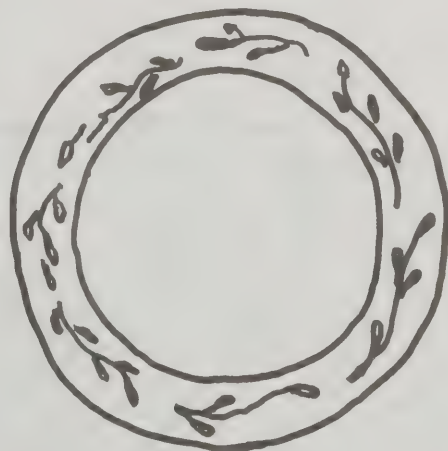
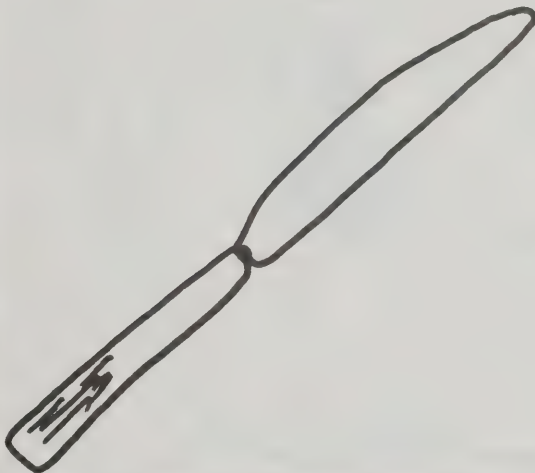
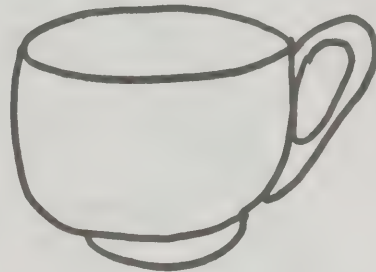
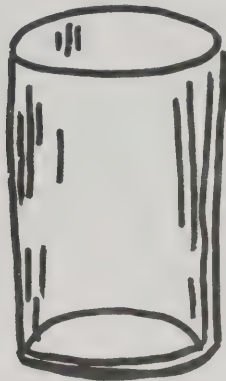
5-Brown

6-Orange

7-Black

8-Purple

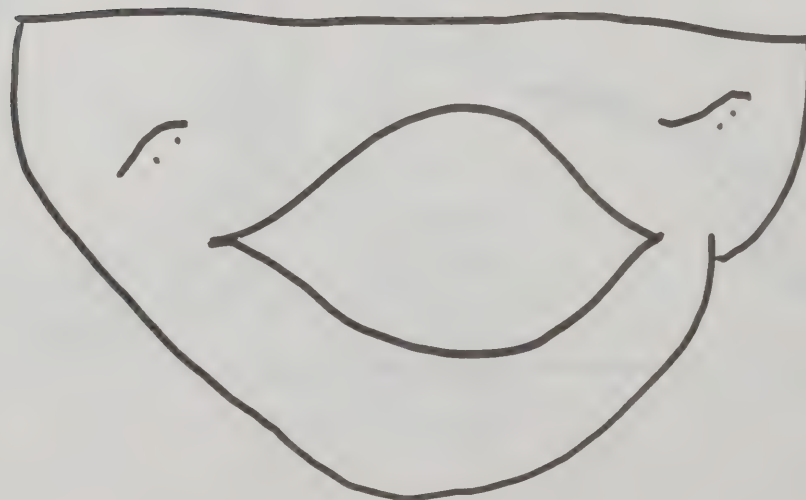
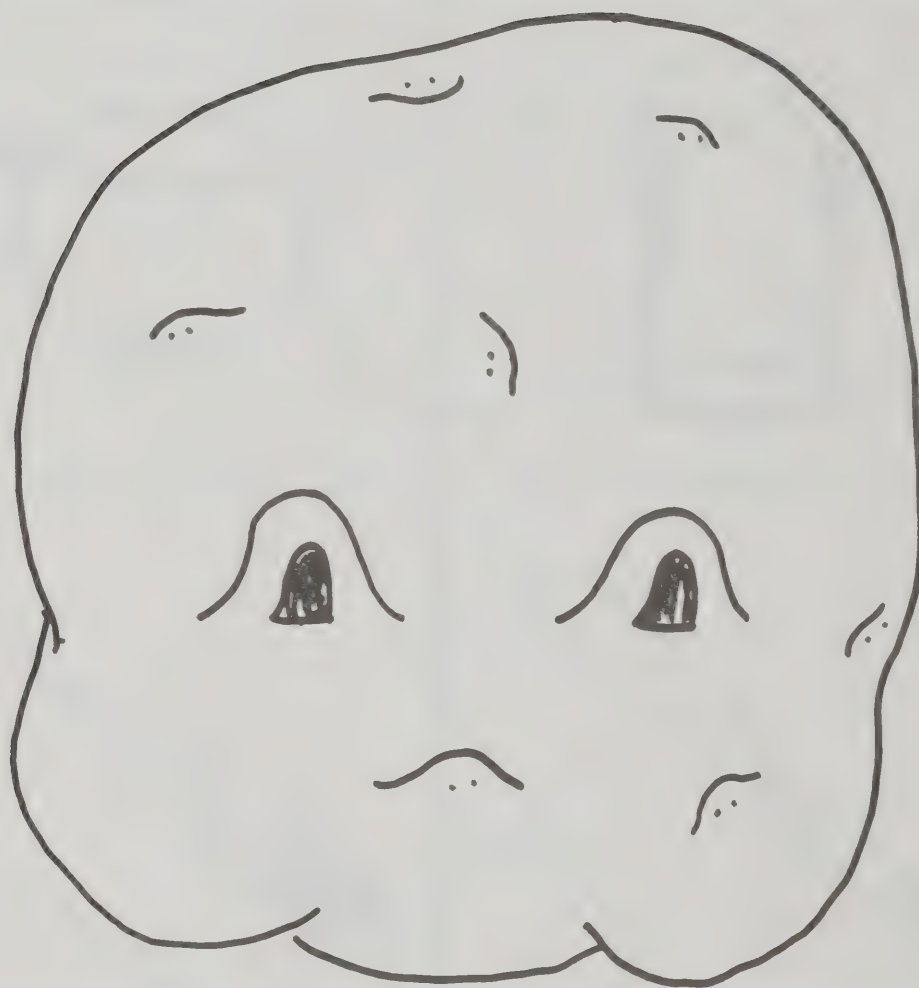
MSPED25



Potato Puppet

A.C. SPED 1

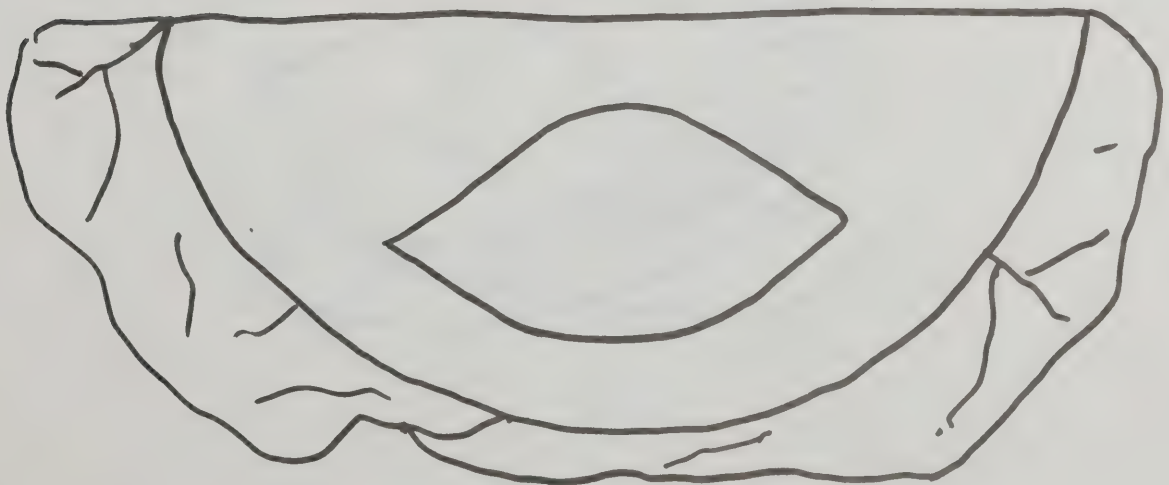
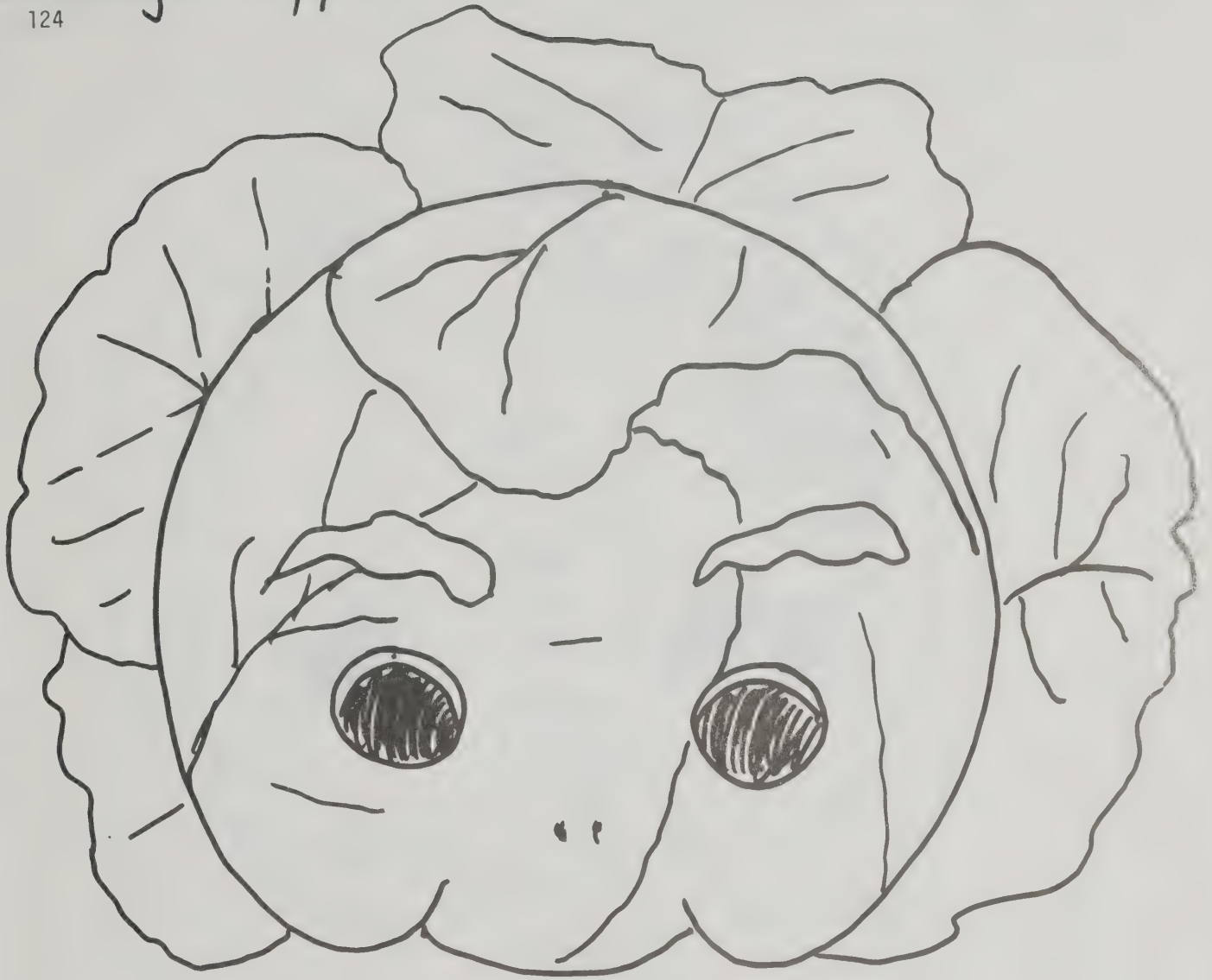
123



Cabbage Puppet

124

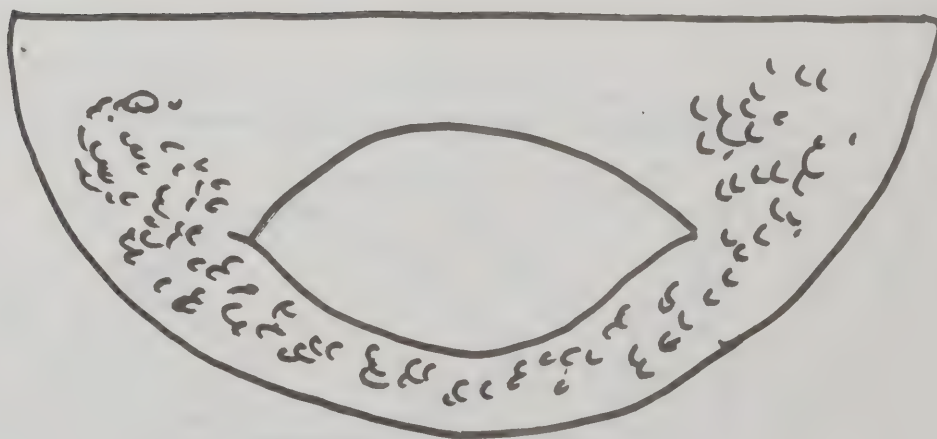
AC. SPED 2

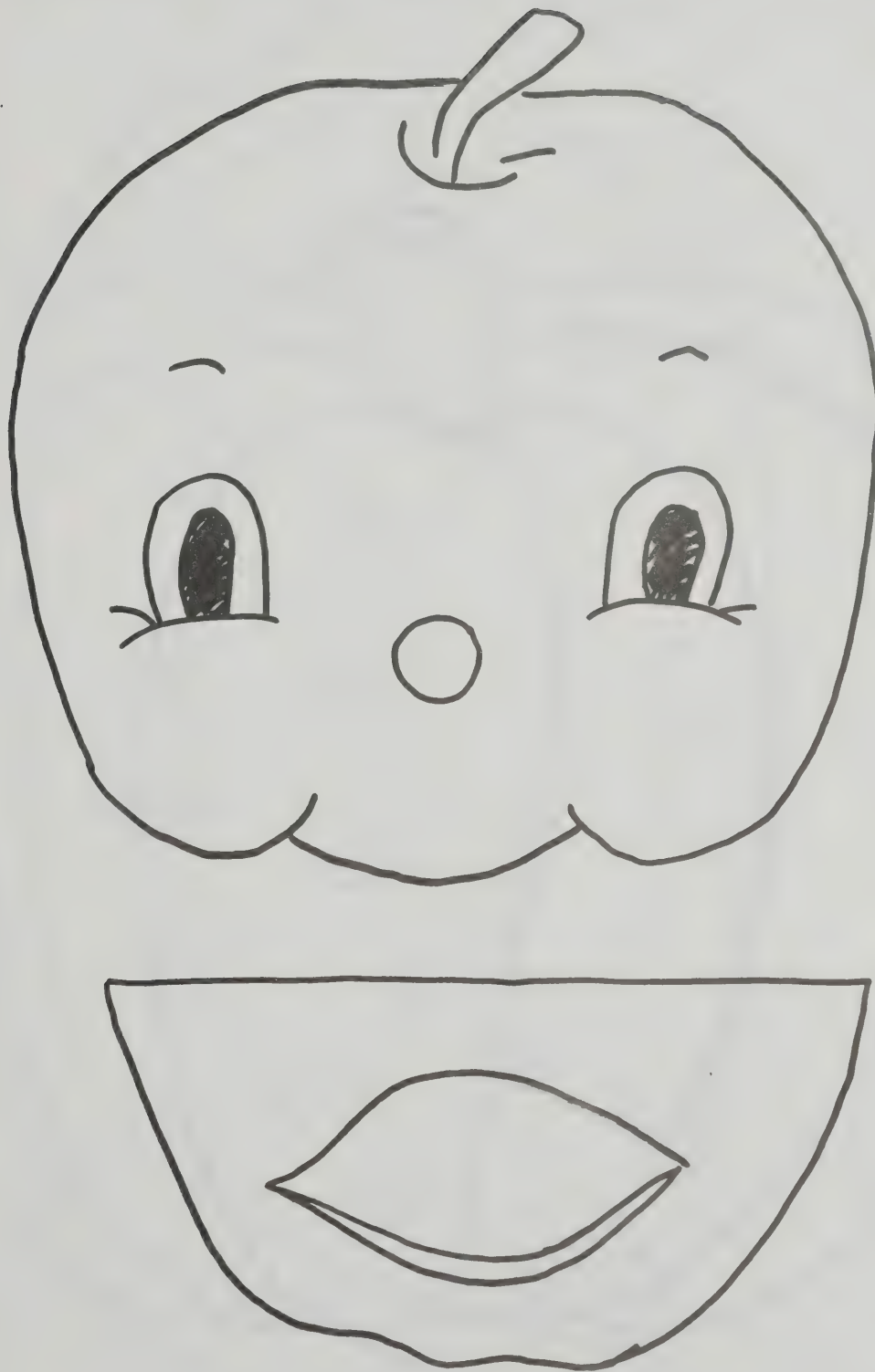


Orange Puppet

A.C. SPED 3

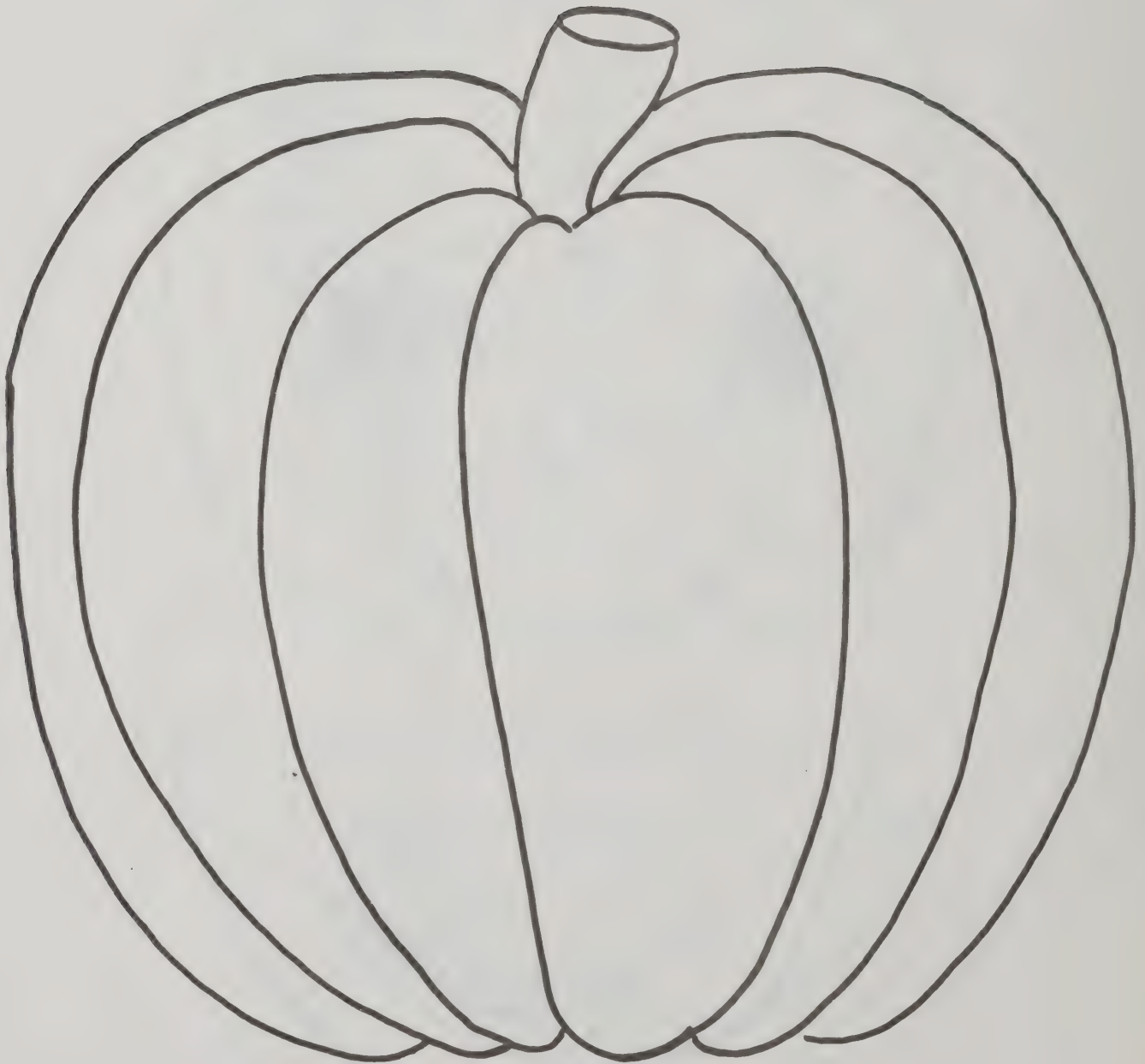
125



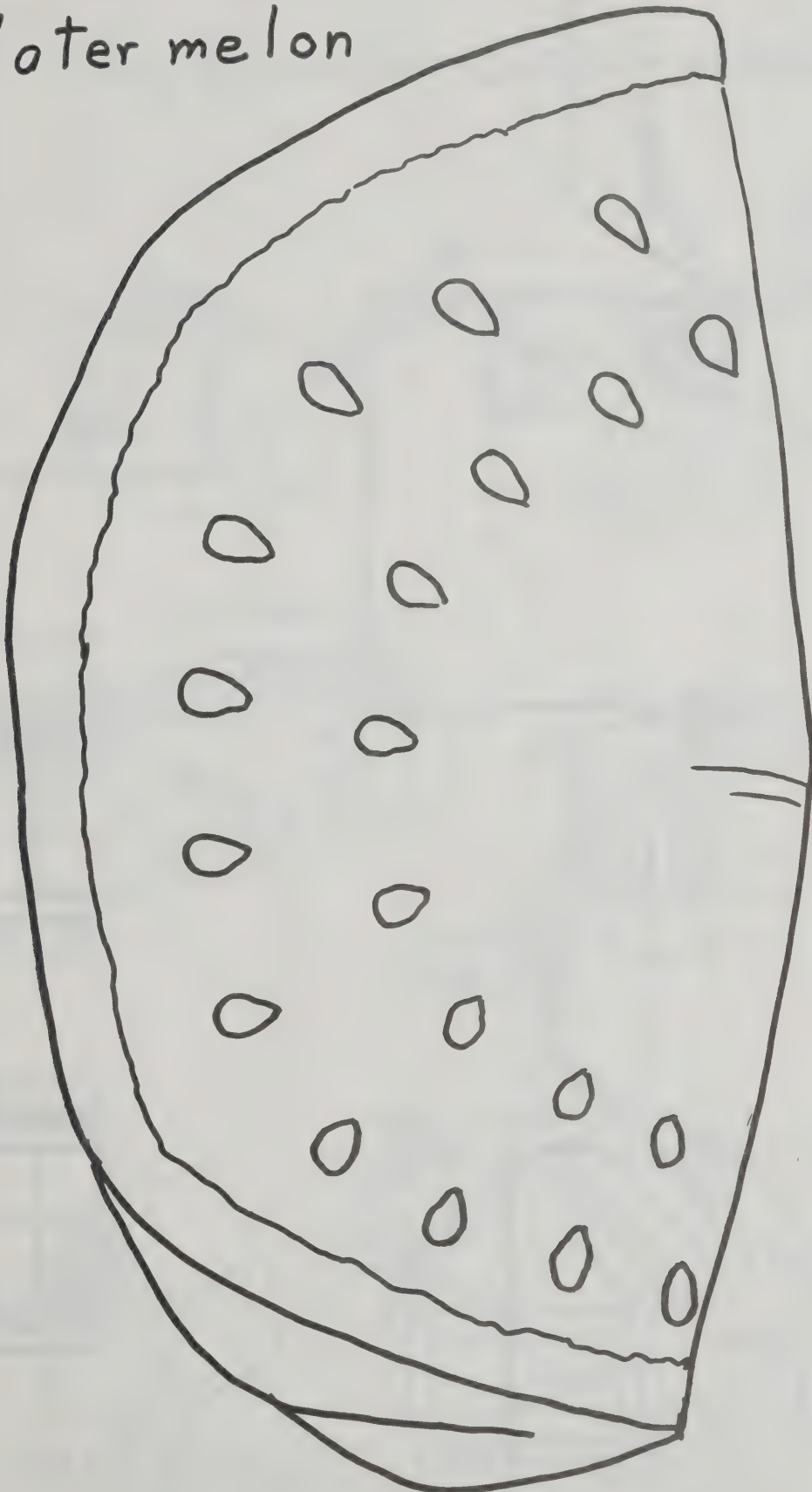


SEED MOSAICS (cereal)
Pumpkin

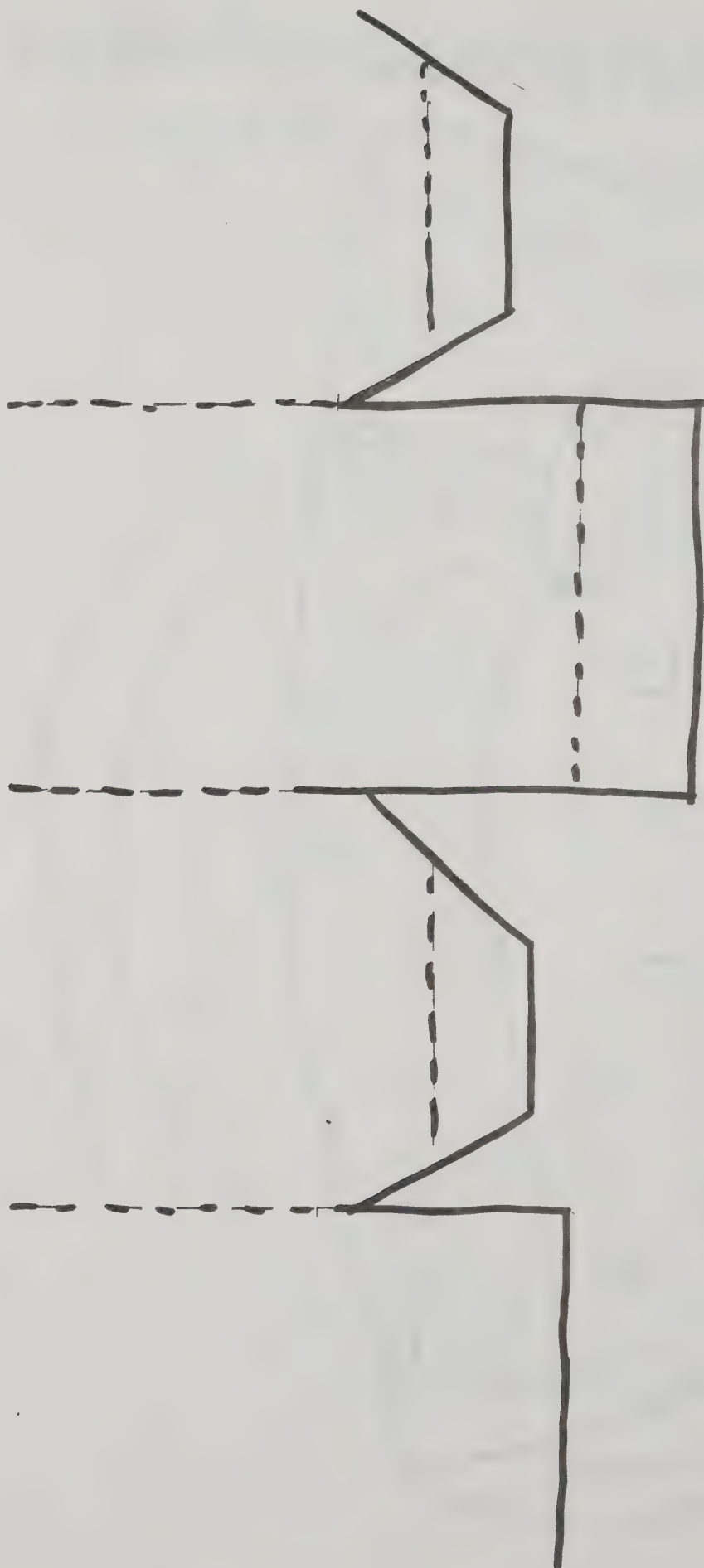
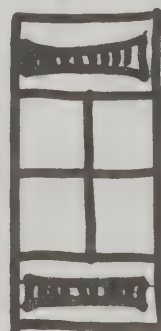
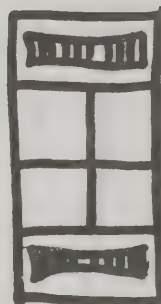
A.C. SPED 5
127



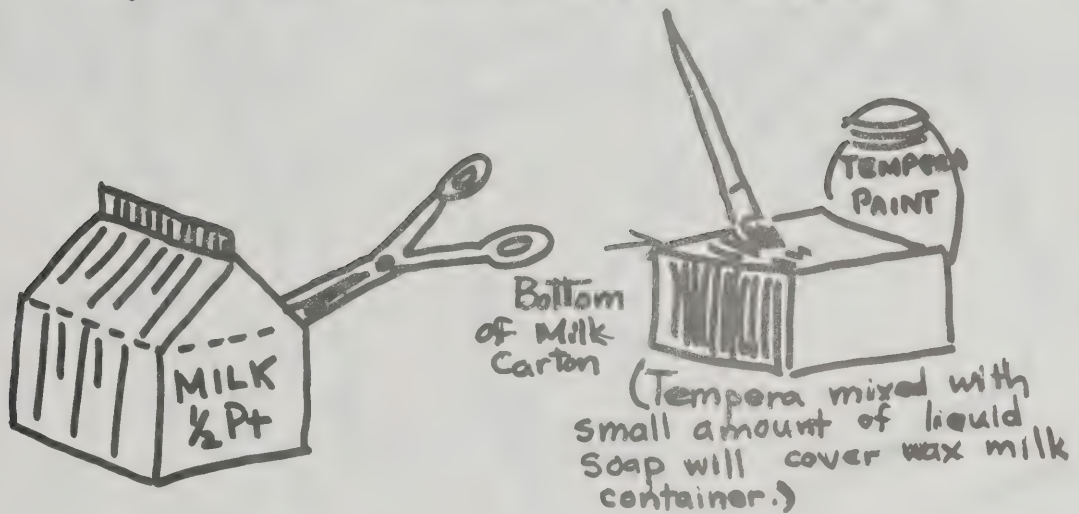
128 SEED MOSAICS (cereal) A.C. SPED 6
Water melon



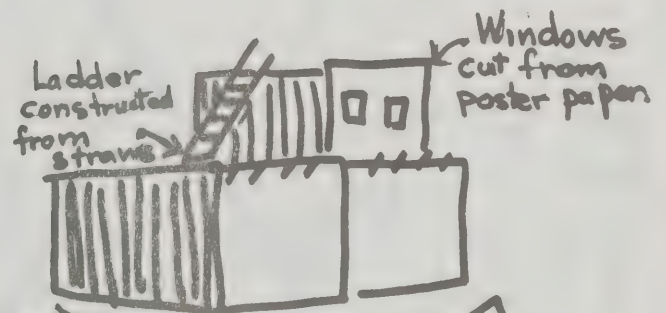
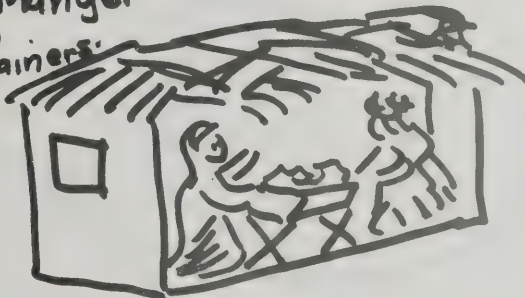
Milk Carton House.



Easy To Make MILK CARTON HOUSES



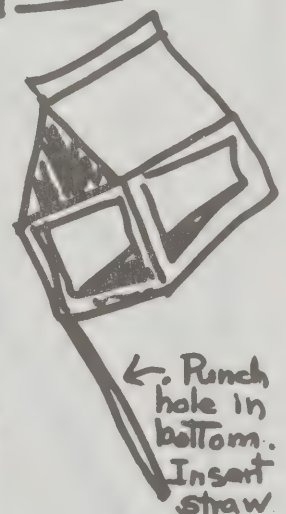
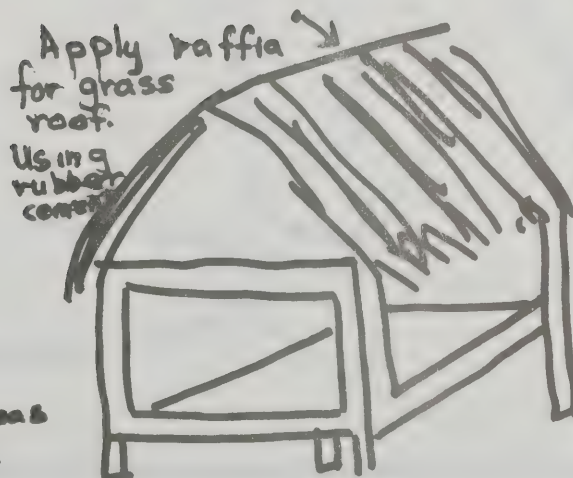
Manger - Constructed from two containers.



Pueblo home Constructed from 2 cartons

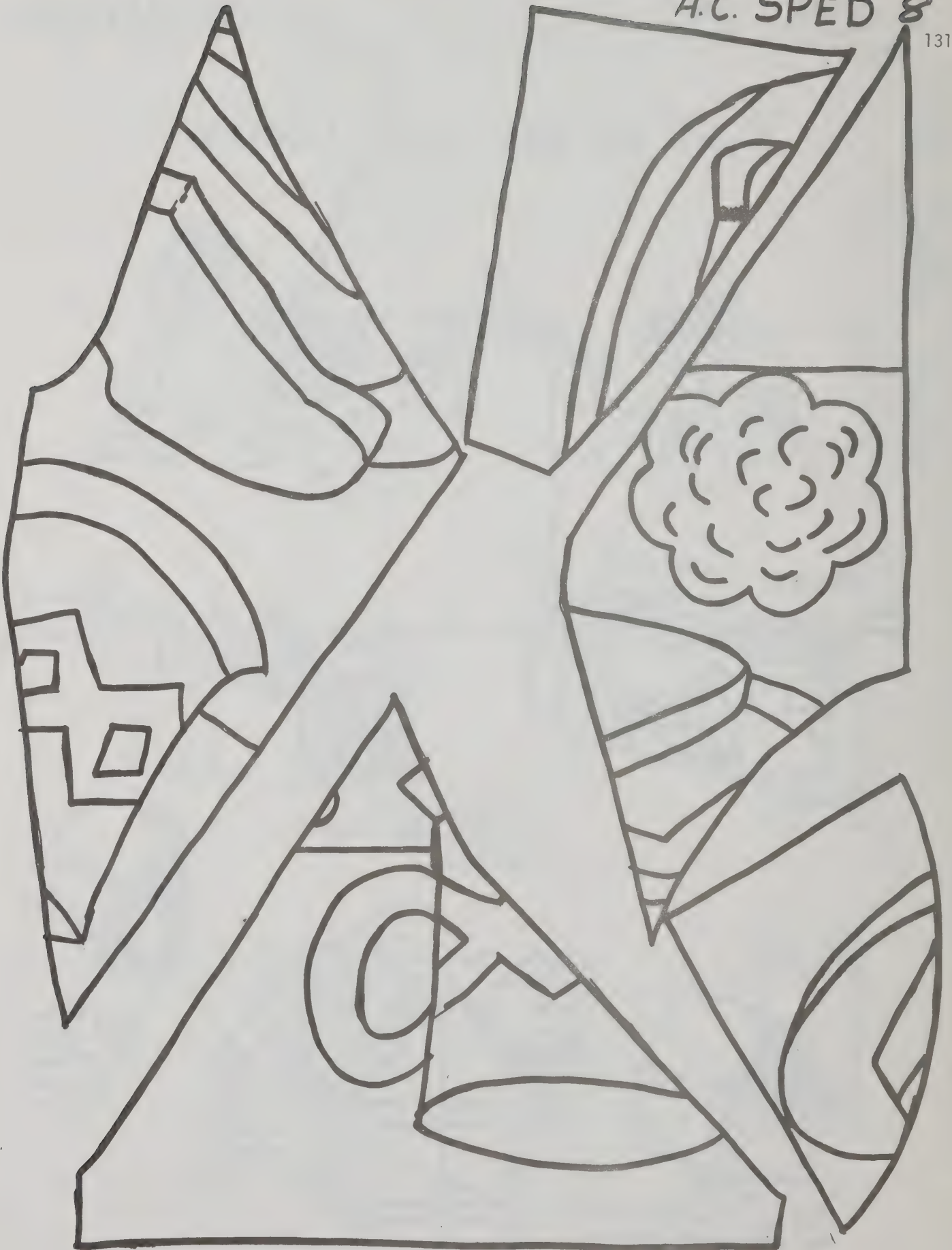


Cut out marked areas on all four sides.



A.C. SPED 8

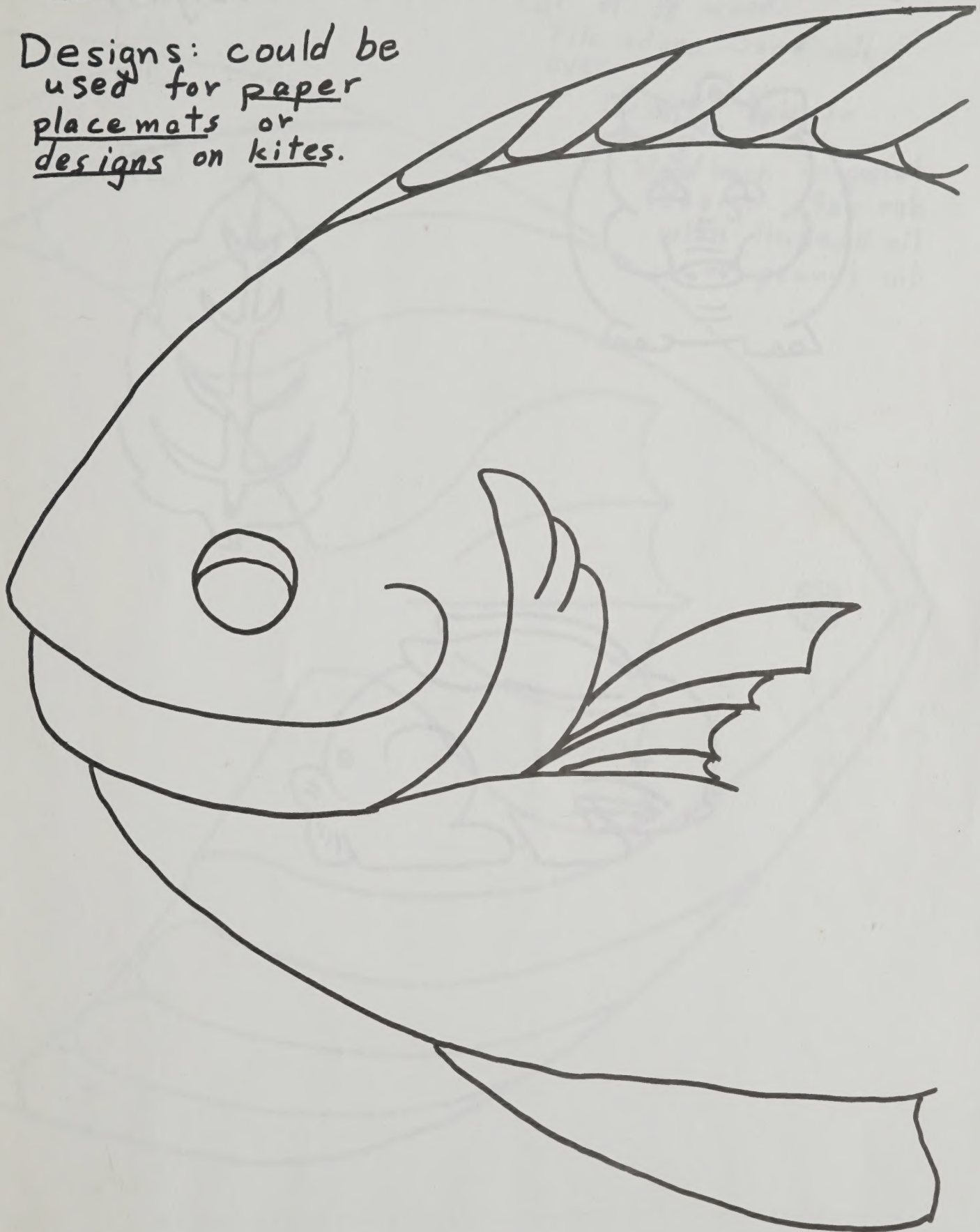
131



132 BREAD BOARDS

A.C. Extra

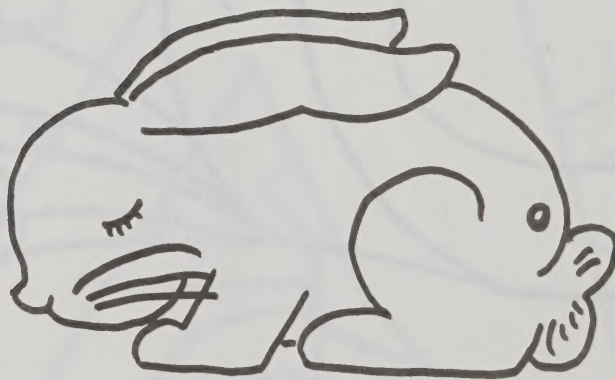
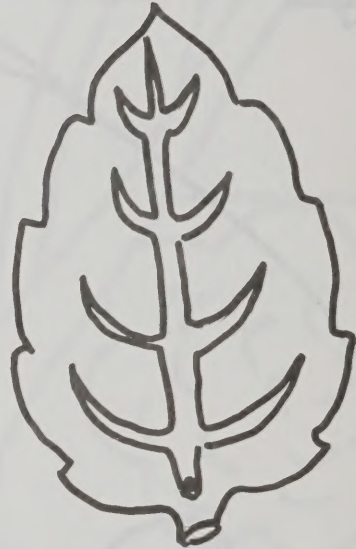
Designs: could be
used for paper
placemats or
designs on kites.



BREAD BOARDS (other designs)

A.C. Extra

133



A.C. Extra

Cut of $\frac{7}{8}$ " wood.

File edges. Sand all over.

Drill $\frac{7}{8}$ " hole to hang on wall.

Wood burn or paint design. May rub with linseed oil or peanut oil.

